

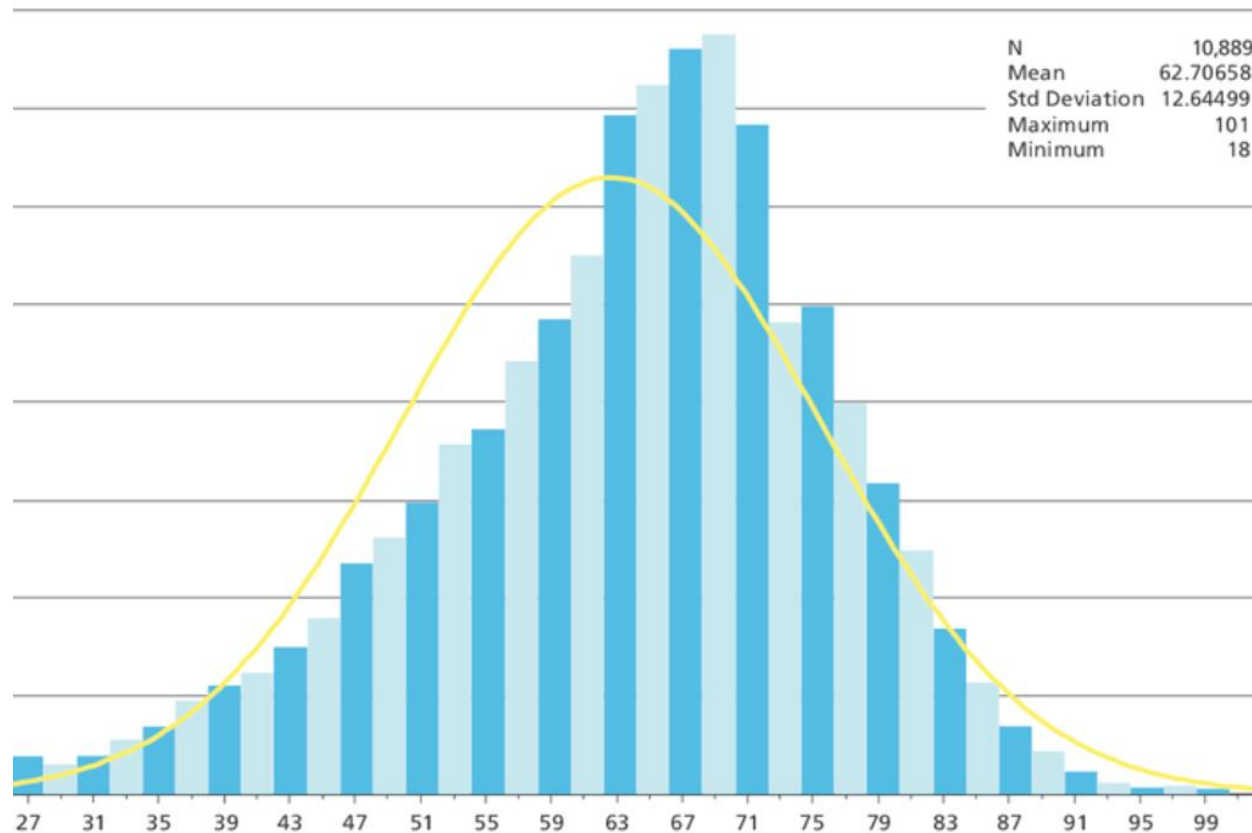
Family Medicine as Social Justice

PJ Parmar, MD
Mango House
Colorado



Disclosure:

My son and I eat two mangoes a day.



We help every:

Race, Color, Religion, Sexual Orientation,
Gender Identity, Pregnancy status, Caste,
National Origin, Age, Disability,
And Military Status

.... Or do we?

10180 E Colfax Ave
Aurora, CO 80010

RE: [REDACTED] adka

Dear Paramjit Parmar:

Thank you for referring [REDACTED] adka to UHealth Orthopedics Clinic - Anschutz Medical Campus. We appreciate your interest in our practice. After careful review of your referral and/or submitted records, we are unable to schedule the requested appointment. Unfortunately, at this time we are not able to take new patients with this condition and payer due to demand that exceeds our capacity.

Although we are unable to schedule an appointment at this time, we genuinely appreciate your referral and aim to serve you and your patients at the highest level possible. UHealth is working to increase capacity and provide additional new patient appointments in the future. Please contact us should you have any further concerns.

Sincerely,

UHealth Orthopedics Clinic - Anschutz Medical Campus
1635 AURORA CT FL 4 ANSCHUTZ OUTPATIENT PAVILION
AURORA, CO 80045-2541
720-848-1900

Information for Referral #: 24260023

Diagnoses:
M25.561 (ICD-10-CM) - Right knee pain

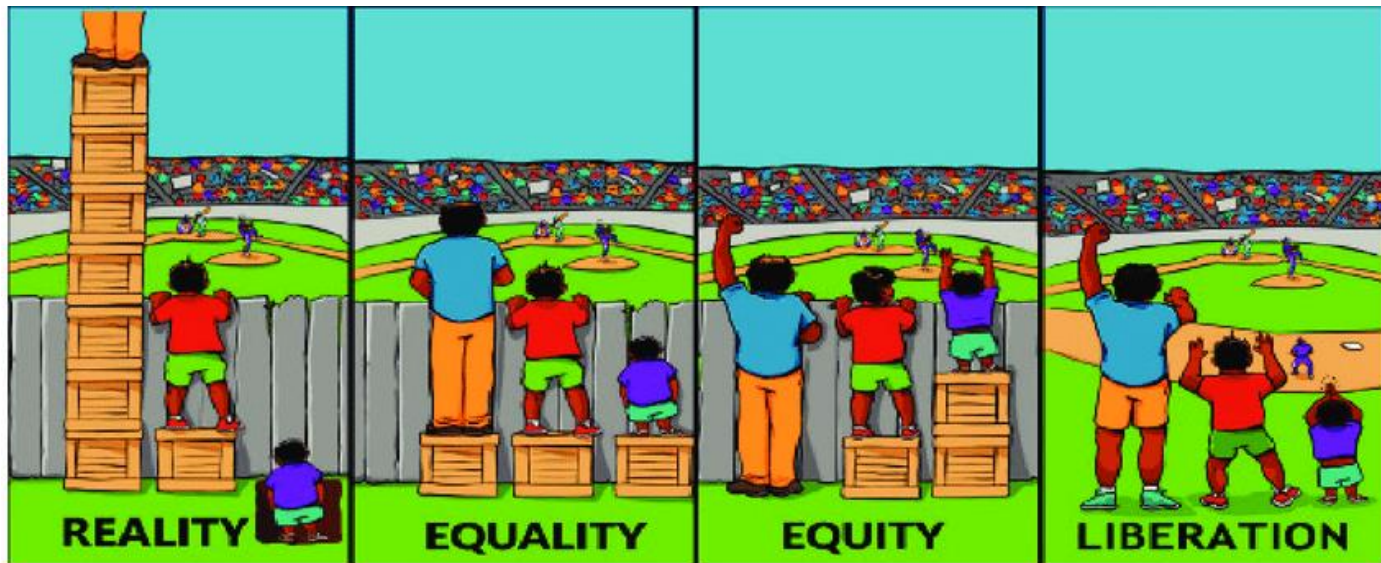
ORTHOPEDIC SURGERY

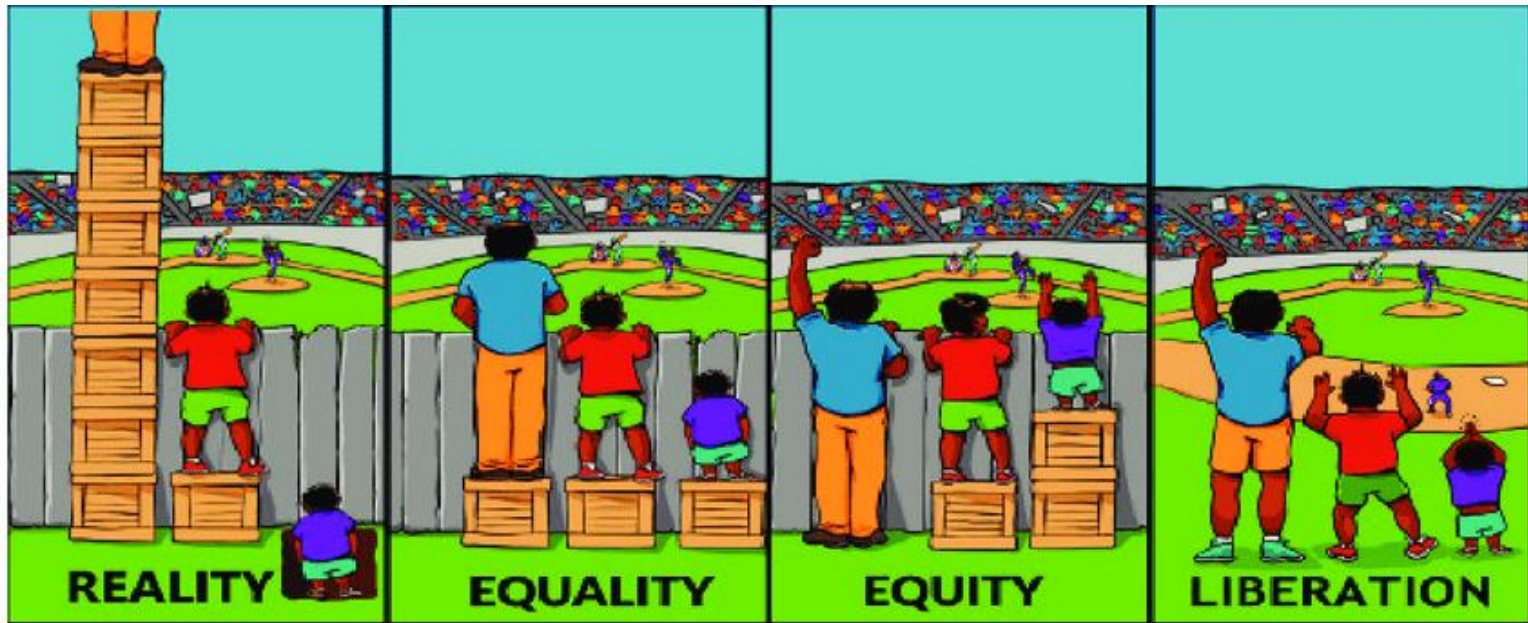




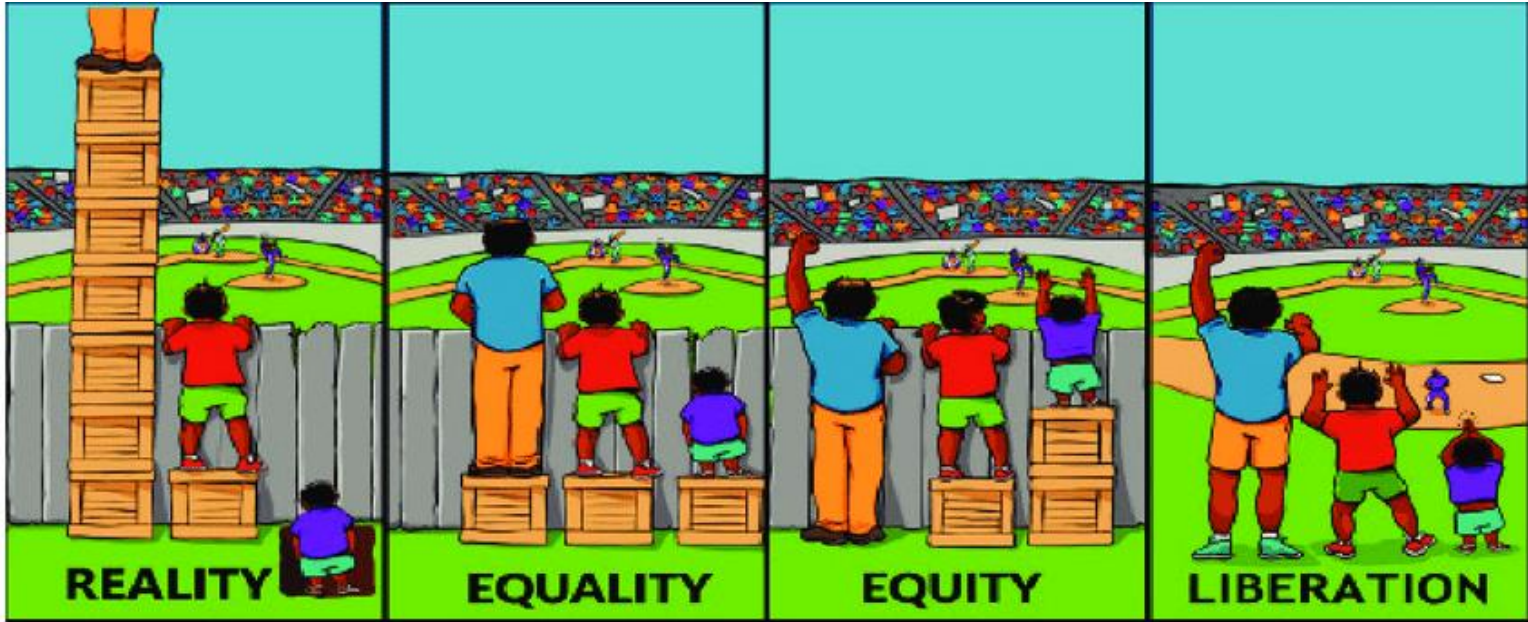
Affirmative Action Healthcare





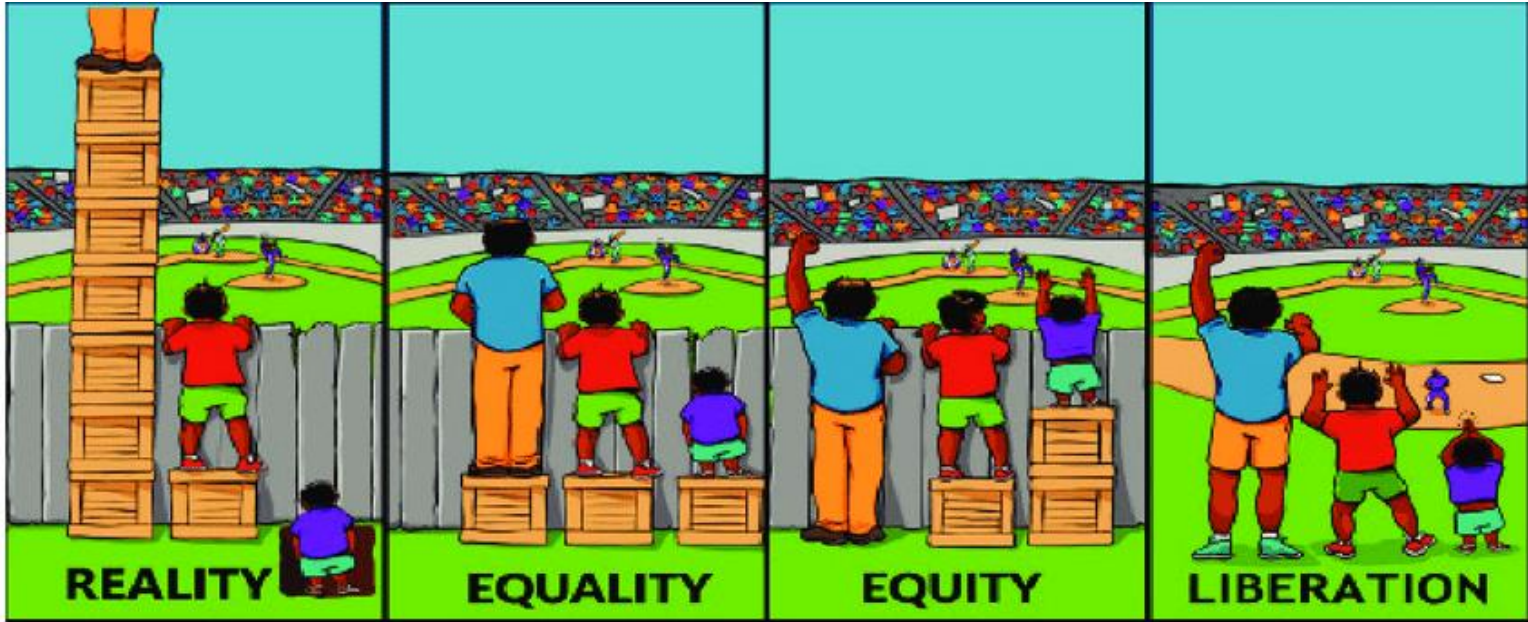


Covid kills
those who
can't socially
distance



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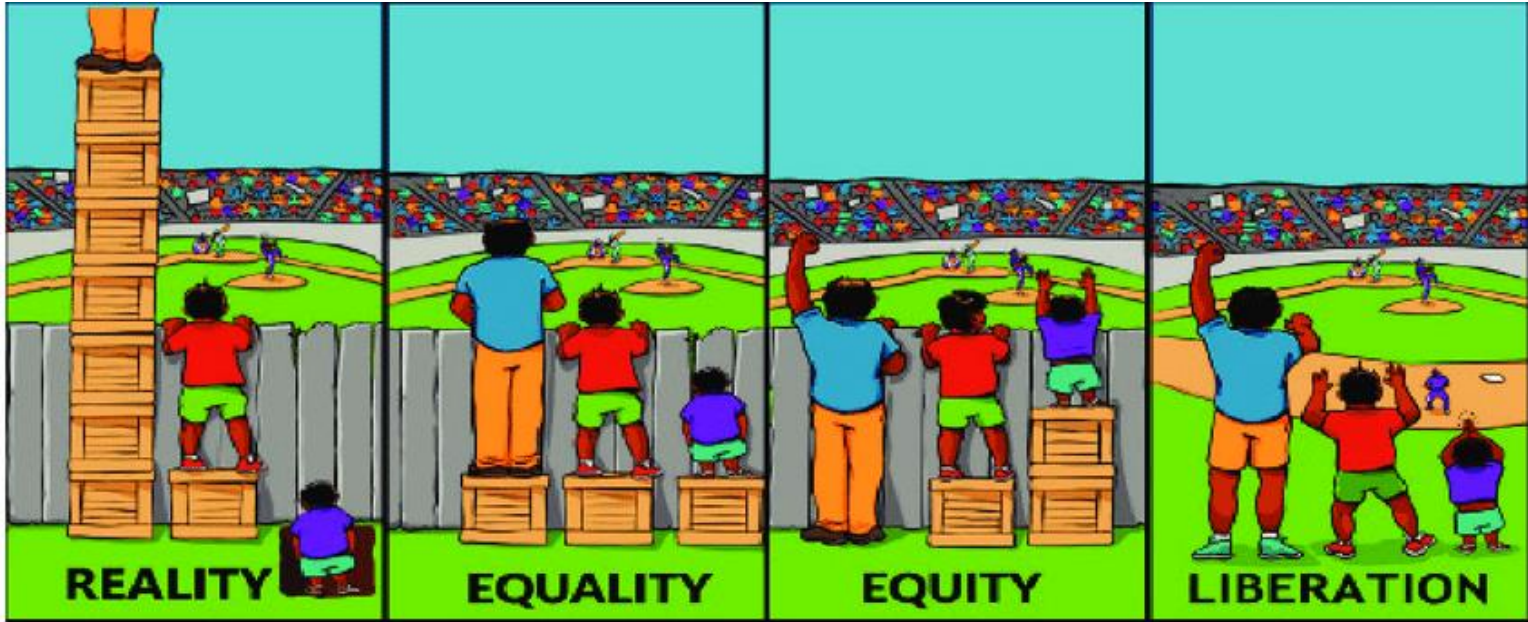
Vaccinate
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("affirmative
action")

A talk for
another time

HEALTH

An Aurora doctor tried to prioritize refugees for the coronavirus vaccine. Colorado told him to stop.

"We need health affirmative action," says Dr. P.J. Parmar, who tried to make sure the 500 vaccine doses he gets each week go to people who live in the 80010 ZIP code

**John Herrick**

4:20 AM MST on Mar 10, 2021



TUESDAY
AURORA, CO

CORONAVIRUS PANDEMIC

COLORADO GOVERNOR'S OFFICE BATTLES DOCTOR
RUNNING A VACCINE CLINIC IN POOR NEIGHBORHOOD

 **MSNBC**



Health
Justice?



Reverse
Discrimination?

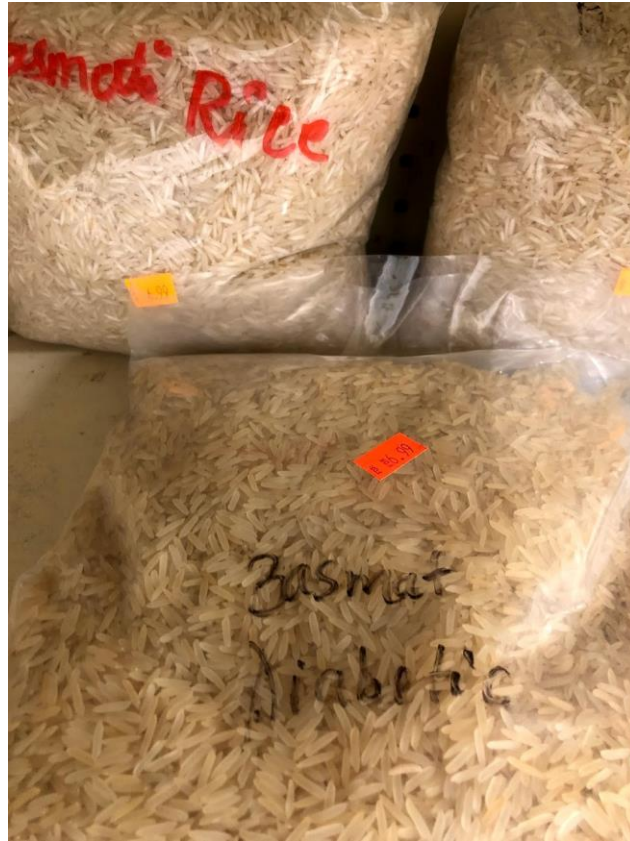
Dx: Medical Microaggressions

Rx: Cultural Competence?









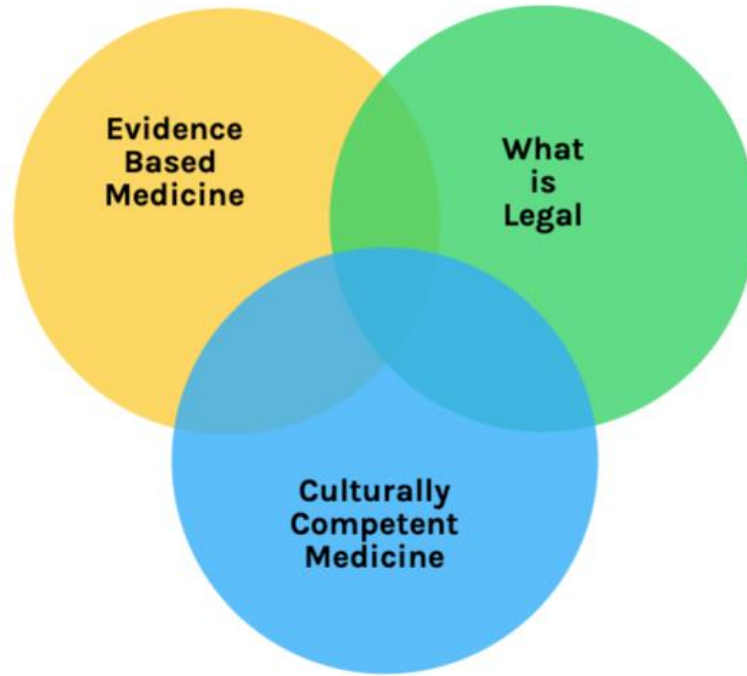


HPI

ROS

HPI

~~ROS~~



Nevermind What Insurance
Companies Pay For

Patient→

→ Solution

Patient→

<u>1. Insurance</u> Copay/ <u>Conisurance</u> /Deductibles Poor coverage Prior <u>Auths</u>	<u>2. Practice Design</u> Pharmacies Parking Appointments Check in Rooming EMR Specialists
<u>3. Business Services</u> Accountant Lawyer HIPAA consultant IT professional	<u>4. Social Determinants</u> Money Time Food Education Language Work Disabilities

→ Solution

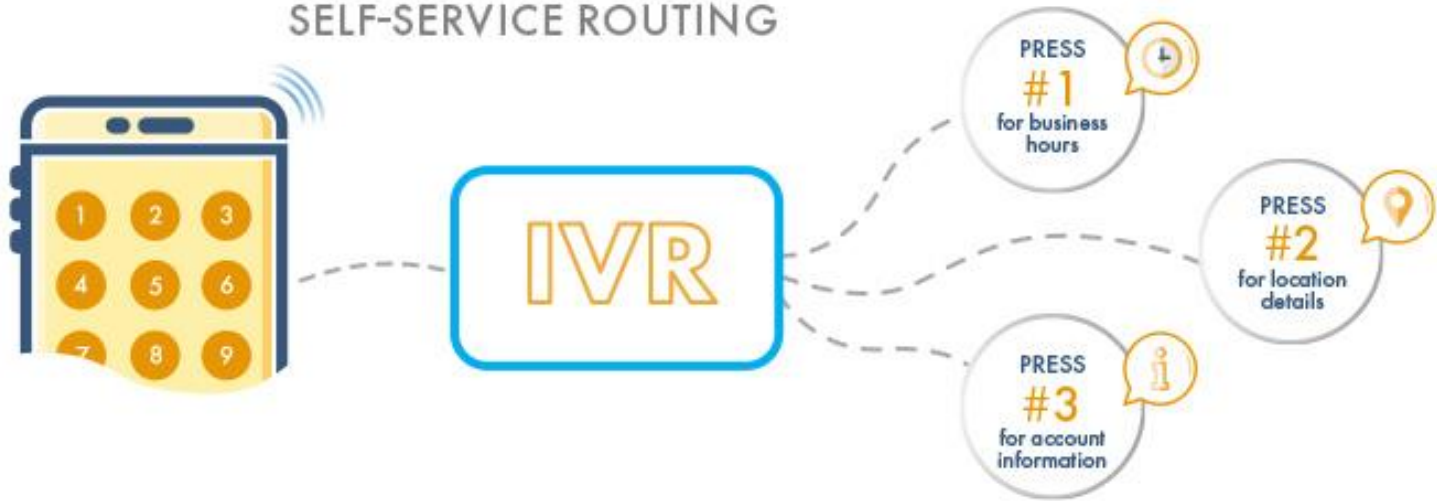


11
DOCTORS
APPOINTMENT





SELF-SERVICE ROUTING



SAFETY FEATURES ON THIS DOCUMENT INCLUDE: ON FACE - COLORED VOID BACKGROUND - MICROPRINT LINES - EXAMURE PROTECTION
REVERSE RX - THERMOCHROMIC INK - ON BACK - ARTIFICAL WATERMARK - COIN REACTIVE INK

Rx

Practice Name Here
Doctor's Name Here
Specialty
123 Anywhere Street
Hometown, US 12345
Phone: (207) 878-9832 FAX: (207) 878-9832
DEA # AZ1234567

Rx

Name DOB
Address Date

Rx

☐ Label

Refill _____ times PRN NR

MD SCRIPT 1000

VERIFICATION BOX: HOLD IN TIGHTEN THUMB AND FINGER: ON ILLUSTRATION, ONE COLOR WILL DISAPPEAR, THEN REAPPEAR.
DURING THE ABSENCE OF COLOR, THE BACK-SECURE WILL SHOW IN THE WINDOW.

	<u>Walmart</u>	<u>Walgreens</u>	<u>King Soopers</u>
<p>Adult Cold & Flu Pills</p> <p>Take 2 every 4 hours</p> <p>(Acetaminophen/ dextromethorphan/ <u>guaifenesin</u>/ phenylephrine)</p>	 <p>Walmart Equate Severe Cold & Flu \$2.98 for 24</p>	 <p>Walgreens Wal-Phed PE Cough and Cold \$6.99 for 20</p>	 <p>King Soopers Kroger DayTime Severe \$5.99 for 24</p>
<p>Adult Cold & Flu Syrup (liquid)</p> <p>You can also try Dayquil (for daytime) or Nyquil (makes you sleepy) from any store.</p>	 <p>Walmart Equate Daytime Cold & Flu \$5.97 12OZ (Acetaminophen/ dextromethorphan/phenylephrine)</p>	 <p>Walgreens Severe Cold & Flu. \$13.99 with day/night (Acetaminophen/ dextromethorphan/ <u>guaifenesin</u>/</p>	 <p>King Soopers Kroger DayTime \$5.39 12 oz (Acetaminophen/</p>





inhalers



Need help identifying your inhalers? We ...
capitalallergy.com



Types of Inhalers in Pulmonary Disease
news-medical.net



Misuse of Asthma Inhalers - Signs ...
addictionhope.com



Everything You Need to Know About Inhal...
healthcentral.com



Many Asthma
wsj.com



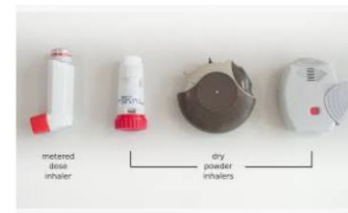
Asthma inhalers being trialed for ...
news-medical.net



Asthma Inhaler Types, Components, and ...
pracmedicbags.com



Switching inhalers can boost adherence ...
pharmaceutical-journal.com



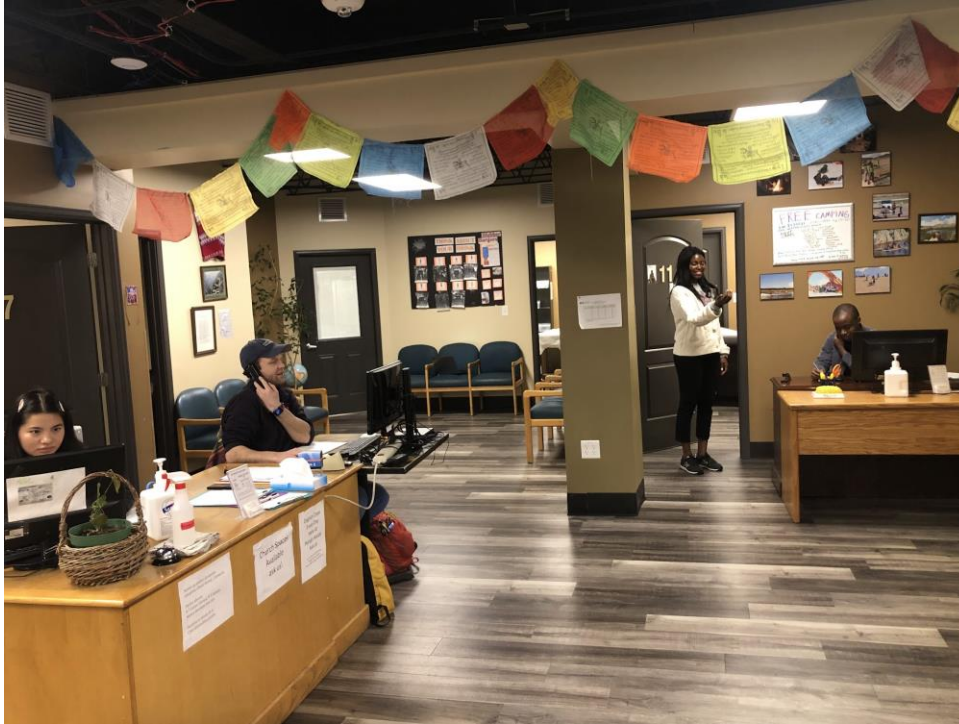
Your asthma puffer is probably ...
theconversation.com





Get Paid → See Patient

See Patient → Get Paid



Layout and flow =
Fast Visits =
More Pt Volume



BASE ATTORNEY FEE:	Cost:	<input checked="" type="radio"/>	\$0
EASTERN District => ABOVE median income	\$6,450	<input type="radio"/>	
EASTERN District => BELOW median income	\$5,950	<input type="radio"/>	
MIDDLE District => ABOVE median (Total of all plan payments > \$6,000)	\$4,950	<input type="radio"/>	
MIDDLE District => BELOW median (Total of all plan payment > \$6,000)	\$4,450	<input type="radio"/>	
MIDDLE District => (Total of all plan pmts = LESS THAN \$6,000)	\$2,500	<input type="radio"/>	
Active Military Discount (only if specifically requested)	-\$100	<input type="checkbox"/>	\$0
TOTAL ATTORNEY FEE: \$0			
<p>IMPORTANT:</p> <p>The above fee quotes assume that the client's case does NOT involve a lot of business-related issues, such that the quoted fee would be insufficient for the work involved. If it does, get an attorney involved, as we may have to charge on an hourly basis (changing our fee contract accordingly) or refer the case out to another attorney.</p>			
Is this a big enough business-related case that we need to bill "hourly"? If so, check here:		<input type="checkbox"/>	
FILING FEE & COSTS			
Type of filing:	Pick which applies:	Single <input checked="" type="radio"/> Joint <input type="radio"/>	
Court Filing Fee			\$313
Credit Report(s)			\$10
Judgment Search(s)			\$10
Debtor Education Classes (Before and After filing)			\$30
Pacer Document Access Fee			\$10
TOTAL FILING FEE & COSTS:			\$373
TOTAL ATTORNEY (Including filing fee & costs):			\$373

Office Based Labs & Studies	Member Fee	Non-member
Bone density (DEXA)	\$50.00	\$95.00
Electrocardiogram	\$10.00	\$35.00
Finger stick glucose	Included	\$5.00
INR (coumadin monitoring)	\$5.00	\$15.00
Oxygen saturation	Included	\$10.00
Pregnancy test	Included	\$20.00
Pulmonary function test	\$10.00	\$35.00
Rapid flu test (A&B)	\$15.00	\$35.00
Rapid strep test	Included	\$15.00
Urinalysis	Included	\$15.00
X-rays	\$25.00	\$60.00

Labs & Pathology	Member Fee	Non-member
Anemia panel	\$10.00	\$30.00
Antinuclear antibody (ANA)	\$10.00	\$35.00
Cardio CRP	\$10.00	\$25.00
CBC (blood count) *	Included	\$25.00
Cholesterol profile *	Included	\$50.00
CHP (chemistry) *	Included	\$35.00
Estradiol	\$45.00	\$85.00
Folic acid	\$10.00	\$30.00
Hemoglobin A1c	\$15.00	\$45.00
Hepatic (liver) function	Included	\$25.00
Immunoglobulin E	\$20.00	\$45.00
Pap smear (regular cyto)	\$25.00	\$50.00
Pap smear thin prep	\$35.00	\$75.00
PSA *	Included	\$30.00
Testosterone	\$25.00	\$45.00
Testosterone panel	\$50.00	\$75.00
Thyroid function panel	\$15.00	\$55.00
TSH (thyroid screening) *	Included	\$25.00
Vitamin B12	\$25.00	\$55.00
Vitamin D	\$25.00	\$55.00

* = Routine labs for yearly screenings

Surgeries & Procedures	Member Fee	Non-member
Allergy oral therapy, per vial	\$35.00	\$50.00
Allergy skin testing, 60 antigens	\$150.00	\$250.00
Ear wax removal	\$20.00	\$45.00
Injection medications	\$10.00	\$30.00
Intravenous medication infusions	\$25.00	\$50.00
Joint injection	\$20.00	\$50.00



Insurances Accepted (most plans)

- Anthem
- United
- Cigna
- Aetna
- Humana
- Cofinity
- Rocky Mountain Health Plan
- Multiplan/PHCS

We have received your referral for this patient.

We wanted to inform you that our practice has a limited number of Medicaid new patient appointments available. We ask that your patients give us a call to be placed on our waiting list.

If this is an urgent matter that cannot wait, please have the referring provider reach out to us or consider referring the patient to another neurology practice.

We appreciate your referral and confidence in [REDACTED] Neurology, and we look forward to continued collaboration in the future. If you have any questions, please feel free to call us at 303-[REDACTED].

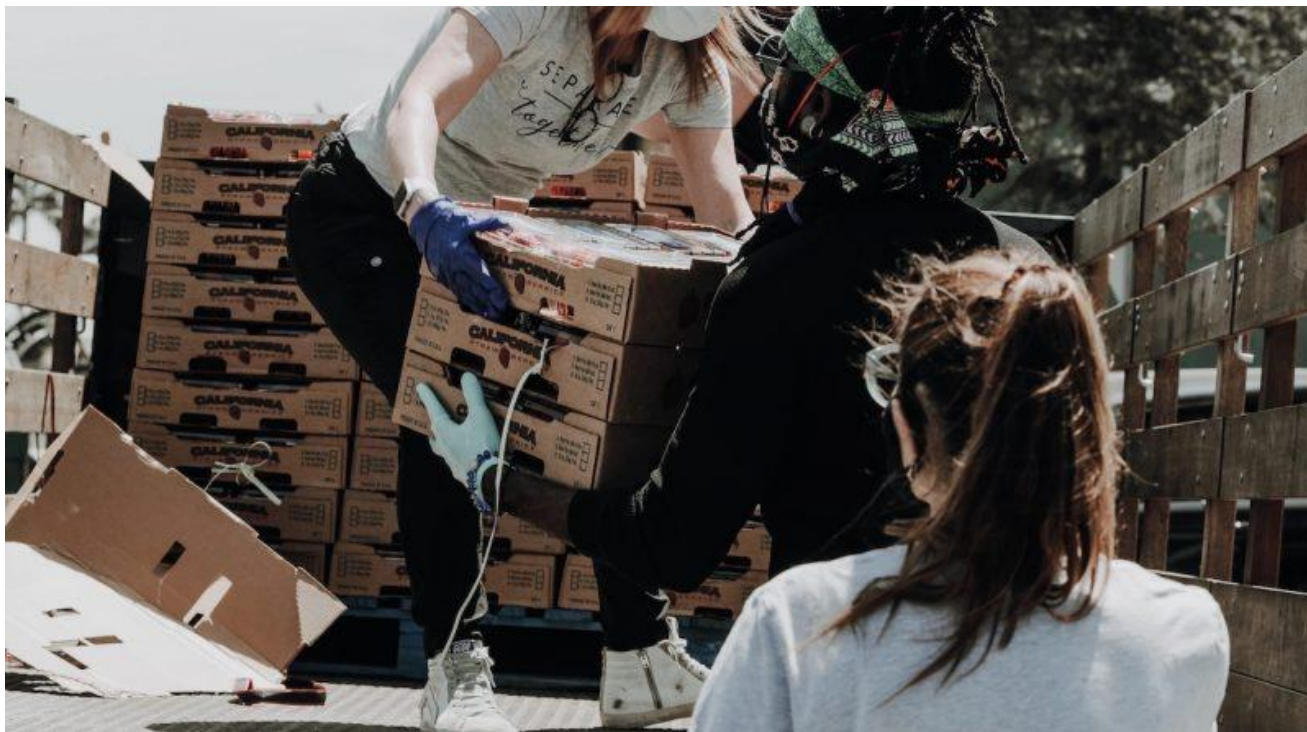
Thank you,













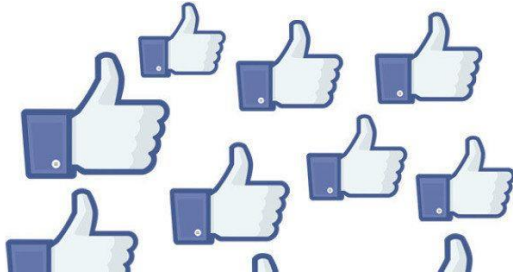
2024 STFM ANNUAL SPRING CONFERENCE



teach&
transform



Service?





MEDECINS SANS FRONTIERES
DOCTORS WITHOUT BORDERS

“If that is what’s on the table...”





KIDSPost

Colorado scout troop helps refugees blend American, faraway traditions

By Associated Press

January 2, 2017 at 1:41 a.m. EST



How can I make a difference?





Thank you!

**Please evaluate this presentation in
the conference mobile app.**

Contact: welcome@ardasclinic.com