

Session One



PROGAM

CLINIC
PROGRESS NOTES

PAGE 1 OF 1

Date: *Current*

Time:

Clermont, Tess
02110895

VS: T 98.7 P 70 BP 130/80 R 18

Student instructions: Geriatric Session Family Medicine Clerkship

Clinical Context: You are seeing an established patient named Mrs. Tess Clermont in your practice. Her regular primary care physician is retiring from the practice and the patient will now be in your care. She presents for a follow-up visit concerning memory loss and functional decline. The patient's daughter, Linda Stevens has accompanied her and is concerned about her condition.

- We will review the patient's chart and history as a group.
PLEASE DO NOT WRITE IN THE CHART!
- When Prompted, swipe in and enter your assigned room. You will have 30 minutes with your patient.
- At 20 minutes into the encounter you will hear one bell to signify a 10 minute warning. Begin wrapping up at that time.
- At the end of the encounter you will hear two bells. End the encounter, step out of the room and swipe out.

During Encounter:

- Take a history.
- Identify the patient's primary diagnosis, explain the cause of her cognitive and functional impairments, and make treatment recommendations.
- Address questions posed by patient or her daughter.
- Apply content from the pre-session primer on dementia diagnosis and management.
- DO NOT perform a physical examination or administer the mini-mental status test; the pertinent test results are supplied in the patient's chart.
- Assume for this exercise that the patient has an unremarkable general medical examination including no focal neurological deficits.

Following Encounter:

- Take the written assessment and plan exercise from the chart table and begin. You will have 10 minutes to complete this exercise.
- You will submit your written assessment and plan to the faculty facilitator during the final debriefing session.
- When prompted, swipe back in and enter the encounter room. You will have a 10-minute verbal feedback session with the standardized patients.
- At the end of the feedback session you will hear two bells. Step out of the room and swipe out.
- Following your feedback session, meet in the conference room for a group debriefing session lead by the faculty instructor.



Session One

CLINIC
PROGRESS NOTES

PAGE 1 OF 1

Date: *1 month prior* Time:

Clermont, Tess
02110895

CC: Daughter called; concerned re: patient's "memory loss"

S: This 78 year old female with OA, HTN, and osteoporosis has been noted by her daughter (Linda, per phone message) to be having increased memory difficulties. Patient denies memory impairment. Daughter is unsure of exact onset, but estimates about 2 years. No history of falls or head trauma. Patient reports feeling well and denies mood alteration, weakness, paresthesias, gait difficulties, urinary incontinence, heat or cold intolerance, or impaired activities of daily living.

Meds – ASA, HCTZ 25 daily, Oscal w/ Vit D tid, Fosamax 70 mg weekly

ROS- Usual mild chronic knee pain, otherwise non-contributory.

Exam- Wt. Stable . BP 130/80 P 80 R 18
Well appearing, cooperative, pleasant female. Alert oriented times three.
RRR, No murmur. Lung fields clear bilaterally.
General Exam is unremarkable.

Non-focal neurologic exam. Normal gait.
Short term memory: 5 minute recall 0/3.

Assessment / Plan:

78 year old female presenting with memory impairment of insidious onset with no apparent functional deficits, at least per her history. Differential diagnosis: mild cognitive impairment vs. early dementia.

Memory Impairment Work-up: Will need MOCA test.
Patient agrees to let her daughter attend next office assessment to provide more collateral history. Laboratory evaluation today to rule out reversible causes. Head CT.

HTN – Well controlled. Continue HCTZ.
RTC in 1 month

L. Jacobs, M.D.

Date

Session One

The University Hospital

234 Goodman Ave, Cincinnati, OH 45267

Patient Name: Clermont, Tess
Med Rec #: 02110895
Patient type: Outpatient
78 F

RESULTS SUMMARY (Date: Three weeks prior)

| | Normal Units Range | | Value |
|----------------|-----------------------|---------------------|-------|
| CBC | | | |
| WBC | 3.5 – 11.0 | 10 ³ /uL | 7.4 |
| Hgb | 13.6 – 18.0 | g/dL | 14.0 |
| HCT | 40.0 – 52.0 | % | 45.0 |
| MCV | 82.0 – 98.0 | fL | 86.1 |
| RDW | 11.5 – 14.5 | % | 13.2 |
| Platelet Count | 140 – 400 | 10 ³ /uL | 316 |

| | Normal Units Range | | Value |
|---------------|-----------------------|-------|-------|
| RENAL STUDIES | | | |
| Sodium | 136 – 146 | mEq/L | 141 |
| Potassium | 3.5 – 5.0 | mEq/L | 4.1 |
| Chloride | 100 – 110 | mEq/L | 101 |
| CO2 | 23 – 31 mEq/L | | 25 |
| BUN | 7 – 21 | mEq/L | 12 |
| Creatinine | 0.7 – 1.4 | mEq/L | 0.9 |
| Glucose | 70 – 105 | mEq/L | 84 |
| Anion Gap | 3 – 16 | mEq/L | 15 |

| | Normal Units Range | | Value |
|----------------------|-----------------------|-------|-------|
| Alkaline Phosphatase | 44 – 160 | U/L | 150 |
| AST | 11 – 35 U/L | | 22 |
| ALT | 7 – 46 | U/L | 15 |
| BILI, Total | 0.2 – 1.0 | mg/dL | 0.4 |
| BILI, Direct | 0.0 – 0.3 | mg/dL | 0.1 |
| Protein, Total | 6.2 – 7.9 | g/dL | 7.2 |
| Albumin | 3.4 – 4.8 | g/dL | 4.0 |
| Calcium | 8.4 – 10.2 | mg/dL | 9.2 |

Session One

The University Hospital

234 Goodman Ave, Cincinnati, OH 45267

Patient Name: Clermont, Tess
Med Rec # : 02110895
Patient type: Outpatient
78 F

CT HEAD WO CONTRAST

ACC # : 2362430

Exam Date: 2 weeks prior.

Verified

UNIVERSITY HOSPITAL
Reason: Memory impairment
Dictated by: Langston, Robert

Exams:

CT HEAD WO CONTRAST

Comparison: None

Brain Findings:

Mild cerebral atrophy noted, appropriate for patient's age. No evidence for acute infarction or intracranial hemorrhage. Orbits and sinuses appear unremarkable. Normal bone windows.

Impression:

1. Mild cerebral atrophy; otherwise normal non-contrast head CT.

**** end of result ****

cc: Linda Jacobs, M.D.

Health Maintenance

Patient Name: Tess Clermont MRN: 02110895

| | | | | | | | |
|-----------------------|-----------------|--|--|--|--|--|--|
| Flex sig/colon | 3/2010 nl | | | | | | |
| Fecal occult blood | | | | | | | |
| Digital rectal exam | nl 2010 | | | | | | |
| Fasting lipid profile | LDL 120 3/10 | | | | | | |
| Influenza vaccine | 9/10 | | | | | | |
| Pneumovax | 4/10 | | | | | | |
| Pelvic/pap smear | ⊖ x 3 (2008) | | | | | | |
| Mammogram | nl 2010 | | | | | | |
| Breast exam | nl 2008 | | | | | | |
| | | | | | | | |
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| | | | | | | | |
| | | | | | | | |

Social History: widow

Family History: mo ↓ Alzheimer's 80's

husband ↓ lung CA 2009

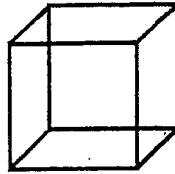
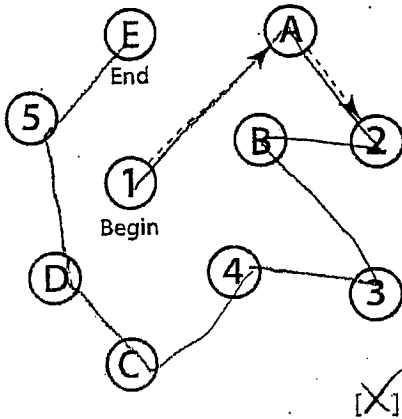
fa ↓ MVA 50's

lives alone

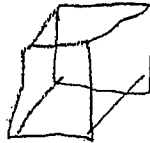
MONTREAL COGNITIVE ASSESSMENT (MOCA)

NAME: T. Clermont
 Education: Collège Date of birth: 78 y/o
 Sex: DATE: 3/30/11, Wed.

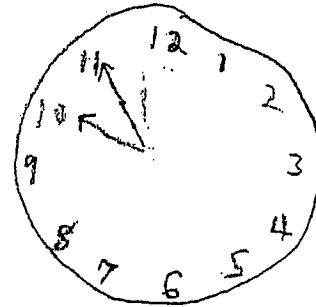
VISUOSPATIAL / EXECUTIVE



Copy cube



Draw CLOCK (Ten past eleven) (3 points)

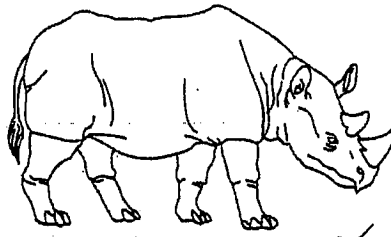
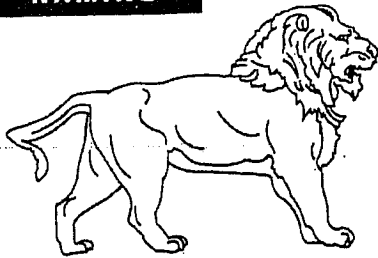


Contour Numbers Hands

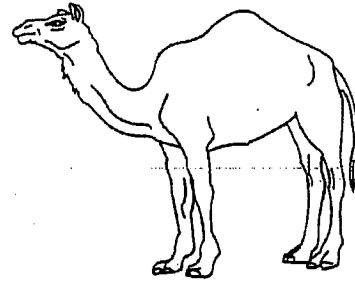
POINTS

3/5

NAMING



hippo



3/3

MEMORY

Read list of words, subject must repeat them. Do 2 trials, even if 1st trial is successful. Do a recall after 5 minutes.

| | FACE | VELVET | CHURCH | DAISY | RED |
|-----------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| 1st trial | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2nd trial | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |

No points

ATTENTION

Read list of digits (1 digit/ sec.).

Subject has to repeat them in the forward order

2 1 8 5 4

Subject has to repeat them in the backward order

7 4 2

1/2

Read list of letters. The subject must tap with his hand at each letter A. No points if ≥ 2 errors

F B A C M N A A J K L B A F A K D E A A A J A M O F A A B

0/1

Serial 7 subtraction starting at 100

93 86 [] 79 [] 72 [] 65

4 or 5 correct subtractions: 3 pts, 2 or 3 correct: 2 pts, 1 correct: 1 pt, 0 correct: 0 pt

2/3

LANGUAGE

Repeat: I only know that John is the one to help today.

The cat always hid under the couch when dogs were in the room.

1/2

Fluency / Name maximum number of words in one minute that begin with the letter F

2 (N ≥ 11 words)

0/1

ABSTRACTION

Similarity between e.g. banana - orange = fruit

train - bicycle watch - ruler

2/2

DELAYED RECALL

Has to recall words WITH NO CUE

| FACE | VELVET | CHURCH | DAISY | RED |
|------|-------------------------------------|--------|-------|-------------------------------------|
| [] | <input checked="" type="checkbox"/> | [] | [] | <input checked="" type="checkbox"/> |

Points for UNCUED recall only

2/5

Optional

Category cue

Multiple choice cue

| | | | | |
|-------------------------------------|--|--|-------------------------------------|--|
| <input checked="" type="checkbox"/> | | | <input checked="" type="checkbox"/> | |
|-------------------------------------|--|--|-------------------------------------|--|

ORIENTATION

Date Month Year Day Place City

6/6

GERIATRIC DEPRESSION SCALE (Short Form)

Patient less Clemons Date 4/2/11

Choose the best answer for how you felt over the past week.

For each underscored answer, enter one point here. ↓

- 1. Are you basically satisfied with your life? Yes / No
- 2. Have you dropped many of your activities and interests? Yes / No 1
- 3. Do you feel that your life is empty? Yes / No
- 4. Do you often get bored? Yes / No
- 5. Are you in good spirits most of the time? Yes / No
- 6. Are you afraid that something bad is going to happen to you? Yes / No
- 7. Do you feel happy most of the time? Yes / No
- 8. Do you often feel helpless? Yes / No
- 9. Do you prefer to stay at home, rather than going out and doing new things? ... Yes / No
- 10. Do you feel you have more problems with memory than most? Yes / No 1
- 11. Do you think it is wonderful to be alive now? Yes / No
- 12. Do you feel pretty worthless the way you are now? Yes / No
- 13. Do you feel full of energy? Yes / No
- 14. Do you feel that your situation is hopeless? Yes / No
- 15. Do you think that most people are better off than you are? Yes / No

Cut-off: Normal (0-5). Above 5 suggests depression.

2 / 15
Total Score

SOURCE: Courtesy of Jerome A. Yesavage, MD. Reprinted with permission.

For additional information on administration and scoring refer to the following references:

- 1. Sheikh JL, Yesavage JA. Geriatric Depression Scale: recent evidence and development of a shorter version. Clin Gerontol. 1986;5:165-172.
- 2. Yesavage JA, Brink TL, Rose TL, et al. Development and validation of a geriatric depression rating scale: a preliminary report. J Psych Res, 1983;17:27.

FULL (30 Item) Geriatric Depression Scale is available for use

Mental Health Questions:

How much alcohol do you consume daily? sometimes a glass of wine a week

What is the quality of your sleep? OK

How is your appetite? very good

Have you been treated with medication or therapy for mental health problems, depression, and/or anxiety? no

Signature and Credential of Interviewer

Social Status Review by Patient

Tess Clavinot

Date of Birth: _____ Age: 78

(All information should be validated with informant.)

List informants (include age, relationship to patient, location):

daughter - 48 - Linda Stevens - Pt currently living in daughter's home

Your main concerns about how you are feeling would be... "sometimes forgetful"

- memory loss per daughter

Educational: You went how far in school? college graduate BA - Ed
(Include years completed)

Employment: Your longest type of employment was..... (Give place and years):

School teacher x 40 yrs retired at age 70

You retired because of.. wanted to spend time in family
Life changes/Losses: Over the past 5 years, I wonder if you have had significant changes which still impact on you? i.e., relocation, retirement, new social activities, death of relative/friend, divorce, illness of a family member....

my husband died last year

On a routine day at home, I wonder how stressed you might feel... pretty good

Social Resources: Your household members include: myself - Mickey

Mickey - dog Pets: Yes No

Any relationships which are troubling you now? no

If you need help, you generally call on... my daughter, son or friend Sam

I wonder if you became disabled due to a stroke/accident and could not care for yourself, what your care plans would be? like to have in home care or a helper

1. PRESENTING PROBLEM as described by informant changes in memory

2. You first noticed a change (Date): 1-2 yrs ago

3. Specific examples of first behaviors noticed: Forgetting conversations

Special examples of current behaviors: losing small items - using lots of post it notes for phone #'s, forgot to pay bills, left pot on stove

How does this interfere with patient's routine activities? _____

4. Please describe the patient before these changes: Having trouble drawing not keeping fridge in order organized, outgoing, smart

5. If you had to give a diagnosis it would be: Alzheimer's?

6. Does anyone have power of attorney (or DPOA)? yes

INFORMANT: For DX of dementia: _____

Is respite needed for caregiver? No

Does caregiver attend support group? No

Has caregiver reviewed any related literature? No

Please rate your current (today) level of coping with the memory change in your family member.

Name of informant: _____

1
No problem

3

5
Some stress

10
Very

More than one informant: _____

Would you be interested in Alzheimer's Disease Registry? Yes No

Signature & Credential of Interviewer

Safety Status Review

Abuse potential/history documented? (If so, describe.) NO

Wandering potential/history documented? (If so, describe.) NO

Kitchen safety concerns? (If so, describe.) yes - pt burned
pot on stove

Driving safety concerns? (If so, describe.) yes - pt got lost

Other safety concerns? no guns, no h/o falls

(Note to clinician): Are there indications that the patient is being abused, neglected or exploited?: NO

Financial Status Review:

Please check annual income range.

Less than \$3,000 \$3,000- \$8,000 \$8,000-\$13,000
 \$13,001 - \$18,000 \$18,001-\$21,000 \$21,001-\$26,000
 \$26,000

Do you feel you will have enough income for your future needs?

Yes No Explain: owns home, has state
teachers retirement fund

Contributing Family History: Yes No

Explain: no Alzheimer's 80's.

Charles

Signature & Credential of Interviewer

PHYSICAL ACTIVITIES OF DAILY LIVING

Patient TESS CLERMONT Date 4/2/11
 Informant LINDA STEVENS Relationship to patient DAUGHTER

How is the patient currently performing?

Code: I = Independent
 A = Assisted
 D = Dependent
Circle appropriate letter below.

Obtained from:
 Patient Informant(s)

- | | | | |
|---------------------------------|------------------------------------|------------------------------------|--|
| Bathing | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Able to bathe completely or needs help with only a single body part. |
| | A | A | Needs help with more than one body part, getting in/out of tub or special tub attachments. |
| | D | D | Completely unable to bathe self. |
| Dressing/ Undressing | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Able to pick out clothes, dress self, manage fasteners/braces (tying shoes excluded). |
| | A | A | Needs assistance as remains partially undressed. |
| | D | D | Completely unable to dress/undress self. |
| Personal Grooming | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Able to comb hair, shave without help. |
| | A | A | Needs help to comb hair, shave. |
| | D | D | Completely unable to care for appearance. |
| Toileting | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Able to get to, on and off toilet, arrange clothes, clean organs of excretion. (Uses bedpan only at night.) |
| | A | A | Needs help getting to and using toilet; uses bedpan/commode regularly. |
| | D | D | Completely unable to use toilet. |
| Continence | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Urination/defecation self-controlled. |
| | A | A | Partial or total urine/stool incontinence or control by enemas, catheters, regulated use of urinals/bedpans. |
| | D | D | Uses catheter or colostomy. |
| Transferring | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Able to get in/out of bed/chair without human assistance/mechanical aids. |
| | A | A | Needs human assistance/mechanical aids. |
| | D | D | Completely unable to transfer; needs lifting. |
| Walking | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Able to walk without a cane. |
| | A | A | Needs human assistance, walker, or crutches. |
| | D | D | Completely unable to walk; needs lifting. |
| Eating | <input checked="" type="radio"/> I | <input checked="" type="radio"/> I | Able to completely feed self. |
| | A | A | Needs help with cutting, buttering bread, etc. |
| | D | D | Completely unable to feed self or needs parental feeding. |

INSTRUMENTAL ACTIVITIES OF DAILY LIVING

Patient Tess ClermontDate 4/2/11Informant Linda StevensRelationship to patient daughterHow is the patient currently performing?Code: I = Independent
A = Assisted
D = Dependent

Circle appropriate letter below.

Obtained from:
Patient Informant(s)

Using Telephone

 I

I

Able to look up numbers, dial, receive, and make calls without help.

A

 A

Able to answer telephone or dial operator in an emergency, but needs a special telephone or help in getting a number or dialing.

D

D

Unable to use telephone.

Traveling

 I

I

Able to drive own car or travel alone on busses, taxis

A

 A

Able to travel, but needs someone to travel with.

D

D

Unable to travel.

Shopping

 I I

Able to take care of all food/clothes shopping with transportation provided.

A

A

Able to shop, but needs someone to shop with.

D

D

Unable to shop.

Preparing Meals

 I

I

Able to plan and cook full meals.

A

 A

Able to prepare light foods, but unable to cook full meals alone.

D

D

Unable to prepare meals.

Housework

 I I

Able to do heavy housework, i.e., scrub floors.

A

A

Able to do light housework, but needs help with heavy tasks.

D

D

Unable to do any housework.

Taking Medicine

 I

I

Able to prepare/take medicine(s) in the right dose at the right time.

A

 A

Able to takes medicine(s), but needs reminding or someone to prepare it.

D

D

Unable to take medicine(s).

Managing Money

 I

I

Able to manage buying needs, write checks, pay bills.

A

 A

Able to manage daily buying needs, but needs help managing checkbook, paying bills.

D

D

Unable to handle money.

COMMUNITY SERVICES

Patient Tess Clermont Date 4/3/10
 Informant Linda Stevens Relationship to patient daughter

Check appropriate answer for each listed service.

| SERVICE | Never used | Used in past | Uses currently | Needed, but not affordable |
|-------------------------------|------------|--------------|----------------|----------------------------|
| Visiting Nurse | | | | |
| Housekeeping Services | | ✓ | | |
| Adult Day Care | | | | |
| Public Transportation | | ✓ | | |
| Meal Delivery/Preparation | | | | |
| Mental Health Counseling | | | | |
| Physical Therapy Services | | | | |
| Occupational Therapy Services | | | | |
| Clergy Services | | ✓ | | |
| Respite Care | | | | |
| Rest Home | | | | |
| Nursing Home | | | | |
| Rehabilitation Services | | | | |
| Other: _____ | | | | |



NURSAH

THE UNIVERSITY HOSPITAL
PATIENT HISTORY/
INITIAL ASSESSMENT FORM

Date: Time: Unit:
Reason for admission:
Consent for treatment
Patient identified by name and birth date
White armband on
Person/source providing information
Unable to obtain history due to:

PL TESS CIERMONT
INFORMANT LINDA STEVENS
(DAUGHTER)
TUH-51, Rev. 11/07, Page 1 of 4

1st Emergency contact/relation: LINDA STEVENS (d) Phone number: 513-233-2150
2nd Emergency contact/relation: Les Ciermont (son) Phone number: 513-233-9020
Medical information may be given to: 1st 2nd Emergency contact/relation

Admitted From: (Home) Nursing home (Name: Hospice Emergency room
Physician's office Group home Other:

Primary Language: English
Other: Deaf/HOH
Communication barriers: Yes No

Allergies: (Medication, adhesive tape, or environmental)
No known allergies Allergic to latex/cs/NS Allergic to foods NS

Table with 4 columns: Allergic to NSG, Reaction, Allergic to NSG, Reaction

Red allergy armband placed on patient Y

Advance Directives:
1. Do you have: Living Will Durable Power of Attorney (POA) for Healthcare DNR
Copy brought with patient
If not brought in with the patient provide contact information below

2. Family advised to bring advance directive to hospital
3. Would you like information about advanced directives

Clinical Research Trials:
1. Will you have anything done for a clinical research study while you are here?
2. If Y, what kind of study is this?

Tobacco Use: Never Former; date last used: Current: packs or amount/day/ times years
1. If patient has smoked cigarettes anytime during the year prior to hospital arrival, nurse advised patient that quitting improves current and future health
2. Patient informed that University Hospital is a tobacco-free campus
3. Smoking cessation education material given to patient

Alcohol Use/Day: Denies use Y Last use:
Recreational Drug Use: Denies use
1. If Y, amount: 1-2 glasses/mth
2. If Y, at risk for withdrawal?

Immunization/Vaccination History:
1. None / need immunization protocol NSG
2. Pneumonia (pneumococcal) Month/year 4/2010
3. Flu (influenza) Month/year 9/10 (Sept-Mar)
Preventative Screening:
1. Have you had a prostate screen?
2. Have you had a mammogram?
3. PAP within the last year?

PATIENT BELONGINGS
See patient belongings list
No belongings
Clothing Dentures Hearing aids Glasses Contacts Money Jewelry Other
Describe: Amount: In safe Sent home

Nurse Name (Print): SUSAN BURPEE Nurse Signature: Susan Burpee Date: Time:

Significant Past Medical History: Have you had or has anyone ever told you that you had any of the following conditions?

No problems

| | |
|---|--|
| <input checked="" type="checkbox"/> Seizures, Frequency | <input type="checkbox"/> Cancer, type |
| <input type="checkbox"/> Blood disorders (Anemia/Sickle-cell) | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Hepatitis A/B/C, Cirrhosis | <input type="checkbox"/> Hospitalization in the past year |
| <input type="checkbox"/> Kidney problems | <input type="checkbox"/> Surgeries |
| <input checked="" type="checkbox"/> High blood pressure | <input checked="" type="checkbox"/> Other: <u>OSTEOPOROSIS</u> |
| <input type="checkbox"/> Heart disease/MI/Heart failure | |
| <input checked="" type="checkbox"/> Arthritis | |

Education/Knowledge:

- Understanding of current health problems: Knowledgeable Information needed _____
- Learning preference: Listening Reading Visual Practicing Other _____
- Able to read: Y N
- Able to write: Y N

PAIN ASSESSMENT SCREEN

FUNCTIONAL SCREEN/FALL RISK ASSESSMENT

- Patient instructed on use of pain scale Y
 - Are you in pain now? Y N
 - Are you currently taking meds or using a pain control strategy? Y N
- *If No on 2&3 STOP**
- If Y, how severe is your pain? _____ (0-10)
 - Where is your pain located? _____
 - Is the pain Dull Sharp Stabbing Burning
 Radiating Other _____
 - When did your pain start? _____
 - How long does it last? _____
 - Does it affect your normal activities/quality of life?
 Y N N/A How? _____
 - What is your pain goal? _____ (0-10)

- Are you currently having:
- A decreased ability to walk, get in/out of a chair, or loss of balance? Y N
Consider PT Y N
 - A decreased ability to perform ADL's? Y N
Consider OT Y N
 - Difficulty swallowing/choking? Y N
Consider SP for swallow Y N
 - Difficulty speaking? Y N
Consider SP Y N
 - A need for assistance with meals? Y N

NUTRITIONAL SCREEN

- 10lbs of unintentional weight loss in past 2 months Y N
- Patient on tube feeding/TPN at time of admission Y N
- Decreased appetite/ oral intake greater than 1 week Y N
- Nausea/vomiting/diarrhea greater than 3 days Y N
- Does the patient experience problems with chewing Y N
- Diet education requested by patient/family Y N
- Pregnant or lactating female Y N

ABUSE/NEGLECT SCREEN

- Exhibits any physical/emotional signs of physical/emotional/financial abuse or neglect? Y N
 - Do you feel safe in your current living situation? Y N
- If N, explain: _____
- Comments: _____

PATIENT SAFETY RISK SCREEN

- | | |
|---|--|
| <input checked="" type="checkbox"/> No risk at present time | <input type="checkbox"/> Actual risk ^{NSG} - MAY NOT LEAVE THE UNIT (Category I/Critical Missing) |
| <input type="checkbox"/> Potential risk ^{NSG} | <input type="checkbox"/> Threat to themselves/others |
| | <input type="checkbox"/> Non-emancipated minor |
| | <input type="checkbox"/> Probate or state mental hold |
| | <input type="checkbox"/> Incarcerated patient |
| | <input type="checkbox"/> Cognitive impairment that creates risk |
| | <input type="checkbox"/> Other: _____ |

DISCHARGE SCREEN

- Do you live: Alone With family Care giver other than self: _____
- Do you plan on returning home: Y N
- How will you return there? _____
- Are you currently using: None Home health services ^{CM} Dialysis services ^{sw} Medical equipment ^{CM}
 BCF/Rehab ^{sw} Other _____
- Do you have concerns related to your hospital stay or return home: None Medication costs Financial aid
 Children/dependents Need clothing ^{sw} Transportation to home ^{sw}
- Anticipated disposition: Home self care/family assist
 Home with home health ^{CM}
 Facility placement ^{sw}
 End of life care ^{sw/CM}
 Other _____
 Unknown
- Do you need Diabetic education? Y N

Nurse Name (Print): Susan Burpee Nurse Signature: Susan Burpee Date: _____ Time: _____

Psychosocial/Spiritual/Cultural

1. Is the admission due to self-harm? Y MD N

2. Has the patient had thoughts of killing or harming himself/herself? Y MD N

3. Needs suicide precautions Y NSG N

Characteristics of appearance, behavior, mood and verbalizations are appropriate Withdrawn Anxious Uncooperative Angry Tearful Impulsive

Flat affect Inappropriate Combative MD Other

1. How do you deal with stress? Talk about

2. Who provides you with emotional support? my son & daughter

1. Is there anything we can do to help you meet your spiritual/religious/cultural needs?

Y N

Prayer/meditation CH

Emotional or family issues CH/SW

Dealing with spiritual issues or questioning life purposes CH

Dealing with grief or physical/emotional loss CH/SW

Transfusion restrictions MD

Dietary practices NS

Other:

Comments:

FALL ASSESSMENT AND PREVENTION

| Universal Fall Precautions | Level 2 | Level 3 |
|---|---|--|
| <input checked="" type="checkbox"/> Oriented <input type="checkbox"/> Non-agitated <input type="checkbox"/> Continent of bowel/bladder <input type="checkbox"/> No fall history <input type="checkbox"/> No sensory impairment or mobility impairment without accommodation | <input type="checkbox"/> Previous history of falls/fall during hospital stay <input type="checkbox"/> Gait instability <input type="checkbox"/> Lower extremity weakness <input type="checkbox"/> Urinary incontinence/frequency/or assistance needed with toileting <input type="checkbox"/> Sensory impairment <input type="checkbox"/> Drugs such as sedatives, hypnotics <input type="checkbox"/> Impaired judgment | <input type="checkbox"/> Extremely confused <input type="checkbox"/> Extremely agitated <input type="checkbox"/> Presents risk to self or others |

Patient is a fall risk: Y N If Y, Patient is instructed not to get out of bed without assistance and fall risk precautions initiated

~~IF FALL RISK PLACE SIGN ON DOOR AND APPLY YELLOW ARMBAND~~

Comments:

ORIENTATION TO ENVIRONMENT Unable to orient to environment

| | | | |
|--|--|--|--|
| <input type="checkbox"/> Admission packet given to patient and contents reviewed | <input type="checkbox"/> Patient rights & responsibilities | <input type="checkbox"/> Call light, TV, phone, bed controls | <input type="checkbox"/> Unit specific information |
| | <input type="checkbox"/> Visiting policy | <input type="checkbox"/> Toileting | <input type="checkbox"/> Patient safety goals reviewed |

~~If ICU/Step-Down/SID admissions, TOP HERE!~~ See ICU/Step-Down/SID flow sheet for physical assessment data.

INITIAL PATIENT ASSESSMENT

Vital signs: T P R BP (R/L): (Sitting/Lying/Standing) SPO2 %

(Actual/Stated) Height: (Actual/Stated) Weight:

Skin Integrity

| | | |
|---|--|--|
| <input checked="" type="checkbox"/> Good turgor <input type="checkbox"/> Intact <input type="checkbox"/> Coccyx WNL | <input checked="" type="checkbox"/> Dry <input type="checkbox"/> Warm <input type="checkbox"/> Heels WNL | <input type="checkbox"/> Ecchymosis <input type="checkbox"/> Jaundice <input type="checkbox"/> Petechiae <input type="checkbox"/> Rash <input type="checkbox"/> Itching <input type="checkbox"/> Poor turgor <input type="checkbox"/> Cold <input type="checkbox"/> Pale <input type="checkbox"/> Ashen <input type="checkbox"/> Hot <input type="checkbox"/> Flushed <input type="checkbox"/> Diaphoretic <input type="checkbox"/> Incision <input type="checkbox"/> Lesion <input type="checkbox"/> Dressing <input type="checkbox"/> Drainage <input type="checkbox"/> Pressure ulcer <input type="checkbox"/> W/NS/BS <input type="checkbox"/> Pain <input type="checkbox"/> Wound (Describe) |
|---|--|--|

Comments:

The skin evaluation is based on the status at the time of admission

| Risk Assessment | 1 | 2 | 3 | 4 | Score | TOTAL | |
|--------------------|---------------------|---------------------|---------------------|------------------|-------|-------|----|
| Sensory perception | Completely limited | Very limited | Slightly limited | No impairment | | | |
| Moisture | Constantly moist | Very moist | Occasionally moist | Rarely moist | | | |
| Activity | Bedfast | Chairfast | Walks occasionally | Walks frequently | | | |
| Mobility | Completely immobile | Very limited | Slightly limited | No limitations | | | |
| Nutrition | Very poor | Probably inadequate | Adequate | Excellent | | | |
| Friction and shear | Problem | Potential problem | No apparent problem | | | | 20 |

Patients with score 16 or less are considered to be at risk of developing pressure ulcers Y W/NS/BS

Nurse Name (Print): Susan Burpen Nurse Signature: Susan Burpen Date: _____ Time: _____

Cognitive/Neurology

| | | | | | | |
|---|--|--|---|--|--|--|
| <input checked="" type="checkbox"/> Oriented | <input checked="" type="checkbox"/> Alert/awake | <input checked="" type="checkbox"/> Sedated | <input checked="" type="checkbox"/> Euthargic | <input checked="" type="checkbox"/> Disoriented | <input checked="" type="checkbox"/> Confused | <input checked="" type="checkbox"/> Hallucinations |
| <input checked="" type="checkbox"/> Person | <input checked="" type="checkbox"/> Speech clear | <input checked="" type="checkbox"/> Impaired judgment | <input checked="" type="checkbox"/> Recent memory changes | <input checked="" type="checkbox"/> Verbal memory changes | <input checked="" type="checkbox"/> Depression | <input checked="" type="checkbox"/> Depression |
| <input checked="" type="checkbox"/> Place | <input checked="" type="checkbox"/> Steady gait | <input checked="" type="checkbox"/> Verbally inappropriate | <input checked="" type="checkbox"/> Slurred speech | <input checked="" type="checkbox"/> Nonverbal | <input checked="" type="checkbox"/> Aphasia | <input checked="" type="checkbox"/> Aphasia |
| <input checked="" type="checkbox"/> Time | <input checked="" type="checkbox"/> Normal sensation | <input checked="" type="checkbox"/> Numbness/tingling | <input checked="" type="checkbox"/> Sensory loss | <input checked="" type="checkbox"/> Unsteady gait | <input checked="" type="checkbox"/> Grasp unequal | <input checked="" type="checkbox"/> Grasp unequal |
| <input checked="" type="checkbox"/> Situation | <input checked="" type="checkbox"/> Grasp equal | <input checked="" type="checkbox"/> O2 | <input checked="" type="checkbox"/> Weakness | <input checked="" type="checkbox"/> PUPILS unequal/nonreactive | <input checked="" type="checkbox"/> PUPILS unequal/nonreactive | <input checked="" type="checkbox"/> PUPILS unequal/nonreactive |
| <input checked="" type="checkbox"/> PERRLA | | | | | | |

Pupil size: 4 mm

New neurological changes VMD VLN Unknown

Glasgow Coma Scale

| | | 1 | 2 | 3 | 4 | 5 | 6 | Score | TOTAL |
|-----------------------|-------------------------|------|-------------------|-----------------|-------------|----------------|---------------|-------|-------|
| Eye opening: | Eyes closed by swelling | None | To pain | To speech | Spontaneous | N/A | N/A | | 15 |
| Best verbal response: | Intubated/trached | None | Incomprehensible | Inappropriate | Confused | Oriented | N/A | | |
| Best motor response: | N/A | None | Extension to pain | Flexion to pain | Withdraws | Localized pain | Obeys command | | |

Comments:

Cardiovascular

| | | | |
|--|---|---|--|
| <input checked="" type="checkbox"/> Apical pulse regular | <input checked="" type="checkbox"/> SOB with exertion | <input checked="" type="checkbox"/> SOB with ADL's | <input checked="" type="checkbox"/> SOB at rest |
| <input checked="" type="checkbox"/> Peripheral pulses intact | <input checked="" type="checkbox"/> Chest discomfort | <input checked="" type="checkbox"/> Numbness/tingling | <input checked="" type="checkbox"/> Dysrhythmia |
| <input checked="" type="checkbox"/> Brisk capillary refill | <input checked="" type="checkbox"/> Bradycardia | <input checked="" type="checkbox"/> Diaphoresis | <input checked="" type="checkbox"/> Irregular |
| <input checked="" type="checkbox"/> S1S2 | <input checked="" type="checkbox"/> Abnormal heart sounds | <input checked="" type="checkbox"/> Edema | <input checked="" type="checkbox"/> Sudden weight gain |
| | <input checked="" type="checkbox"/> Diminished pulses | <input checked="" type="checkbox"/> Cap refill greater than 3 sec | <input checked="" type="checkbox"/> Homan's sign |
| | <input checked="" type="checkbox"/> Pacemaker | <input checked="" type="checkbox"/> Implanted defibrillator | <input checked="" type="checkbox"/> Vascular access device |
| | <input checked="" type="checkbox"/> IV/CO2/AD line | | |

Comments:

Respiratory

| | | | |
|---|---|--|--|
| <input checked="" type="checkbox"/> Chest symmetrical | <input checked="" type="checkbox"/> Needs isolation cart | <input checked="" type="checkbox"/> Droplet/OS | <input checked="" type="checkbox"/> Airborne/CS |
| <input checked="" type="checkbox"/> Non-labored breathing | <input checked="" type="checkbox"/> Chest asymmetrical | <input checked="" type="checkbox"/> Barrel chest | <input checked="" type="checkbox"/> Chest tube |
| <input checked="" type="checkbox"/> Clear sounds | <input checked="" type="checkbox"/> Rhonchi | <input checked="" type="checkbox"/> Wheezing | <input checked="" type="checkbox"/> Cough/sputum |
| <input checked="" type="checkbox"/> Regular rate | <input checked="" type="checkbox"/> Cyanotic | <input checked="" type="checkbox"/> Oxygen | <input checked="" type="checkbox"/> SpO2 |
| <input checked="" type="checkbox"/> Normal airway | <input checked="" type="checkbox"/> Nasal/izer/MD/sterile | <input checked="" type="checkbox"/> CPAP/BiPAP | |

Comments:

Gastrointestinal

| | | | |
|--|---|--|--|
| <input checked="" type="checkbox"/> Abdomen soft | <input checked="" type="checkbox"/> Abdomen firm | <input checked="" type="checkbox"/> Distended | <input checked="" type="checkbox"/> Hernia |
| <input checked="" type="checkbox"/> Non-tender | <input checked="" type="checkbox"/> Hypertensive | <input checked="" type="checkbox"/> Hypotensive | <input checked="" type="checkbox"/> Abdominal |
| <input checked="" type="checkbox"/> BS present | <input checked="" type="checkbox"/> Bleeding/melena | <input checked="" type="checkbox"/> Constipation | <input checked="" type="checkbox"/> Diarrhea |
| <input checked="" type="checkbox"/> Continent of stool | <input checked="" type="checkbox"/> Hemorrhoids | <input checked="" type="checkbox"/> Hives/angio | <input checked="" type="checkbox"/> Vomiting |
| Last meal _____ | <input checked="" type="checkbox"/> Ostomy | <input checked="" type="checkbox"/> Need ostomy/bag worn | <input checked="" type="checkbox"/> Need ostomy education/wn |
| Diet type _____ | | | |
| Last BM _____ | | | |

Comments:

Genitourinary

| | | | |
|---|---|--|---|
| <input checked="" type="checkbox"/> Continent | <input checked="" type="checkbox"/> Incontinent | <input checked="" type="checkbox"/> Dysuria/hematuria | <input checked="" type="checkbox"/> Anuria |
| <input checked="" type="checkbox"/> Urine clear | <input checked="" type="checkbox"/> Hesitancy/urgency | <input checked="" type="checkbox"/> Brachyency | <input checked="" type="checkbox"/> Discharge |
| Date last menses <u>N/A</u> | <input checked="" type="checkbox"/> Urinary odor | <input checked="" type="checkbox"/> Vaginal bleeding | <input checked="" type="checkbox"/> Lactating/IS |
| | <input checked="" type="checkbox"/> Requires IS/G | <input checked="" type="checkbox"/> Catheter | |
| | <input checked="" type="checkbox"/> Requires IS/G | <input checked="" type="checkbox"/> Catheter | |
| | <input checked="" type="checkbox"/> Ileal conduit | <input checked="" type="checkbox"/> Need ileal conduit care/wn | <input checked="" type="checkbox"/> Need ileal conduit education/wn |

Comments:

No referrals at this time

Referrals to: ADM, CH, CM, CS, DCM, IS, LS, MD, NSG, NS, RC, RPH, RT, SB, SW, WN

Referrals Entered By: _____ Date: _____ Time: _____

| | | |
|-----------------------------|---------------------------|------------------------------|
| ADM = Admitting | LS = Lactation Specialist | RT = Respiratory Therapy |
| CH = Chaplain | MD = Physician | SB = Specialty Bed |
| CM = Case Manager | NSG = Registered Nurse | SW = Social Work |
| S = Central Supply | NS = Nutrition Services | WN = Wound/Ostomy Care Nurse |
| DCM = Diabetic Case Manager | RC = Research Compliance | |
| IS = Interpreter Services | RPH = Pharmacist | |

Nurse Name (Print): B. J. ... Nurse Signature: [Signature] Date: _____ Time: _____

State of Ohio
Health Care Power of Attorney
of

TESS CLERMONT

(Print Full Name)

(Birth Date)

I state that this is my Health Care Power of Attorney and I revoke any prior Health Care Power of Attorney signed by me. I understand the nature and purpose of this document. If any provision is found to be invalid or unenforceable, it will not affect the rest of this document.

This Health Care Power of Attorney is in effect only when I cannot make health care decisions for myself. However, this does not require or imply that a court must declare me incompetent.

Definitions. Several legal and medical terms are used in this document. For convenience they are explained below.

Agent or attorney-in-fact means the adult I name in this Health Care Power of Attorney to make health care decisions for me.

Artificially or technologically supplied nutrition or hydration means the providing of food and fluids through intravenous or tube "feedings."

Cardiopulmonary resuscitation or CPR means treatment to try to restart breathing or heartbeat. CPR may be done by breathing into the mouth, pushing on the chest, putting a tube through the mouth or nose into the throat, administering medication, giving electric shock to the chest, or by other means.

Comfort care means any measure taken to diminish pain or discomfort, but not to postpone death.

Do Not Resuscitate or DNR Order means a medical order given by my physician and written in my medical records that cardiopulmonary resuscitation or CPR is not to be administered to me.

Health care means any medical (including dental, nursing, psychological, and surgical) procedure, treatment, intervention or other measure used to maintain, diagnose or treat any physical or mental condition.

Health Care Power of Attorney means this document that allows me to name an adult person to act as my agent to make health care decisions for me if I become unable to do so.

Life-sustaining treatment means any health care, including artificially or technologically supplied nutrition and hydration, that will serve mainly to prolong the process of dying.

Living Will Declaration or Living Will means another document that lets me specify the health care I want to receive if I become terminally ill or permanently unconscious and cannot make my wishes known.

Permanently unconscious state means an irreversible condition in which I am permanently unaware of myself and surroundings. My physician and one other physician must examine me and agree that the total loss of higher brain function has left me unable to feel pain or suffering.

Principal means the person signing this document.

Terminal condition or terminal illness means an irreversible, incurable and untreatable condition caused by disease, illness or injury. My physician and one other physician will have examined me and believe that I cannot recover and that death is likely to occur within a relatively short time if I do not receive life-sustaining treatment.

[Instructions and other information to assist in completing this document are set forth within brackets and in italic type.]

Naming of My Agent. The person named below is my agent who will make health care decisions for me as authorized in this document.

Agent's Name: Linda Stevens

Agent's Current Address: 810 Appletree Lane CINTI, OH 45230

Agent's Current Telephone Number: 513 233-9020

Naming of Alternate Agents. *[Note: You do not need to name alternate agents. You also may name just one alternate agent. If you do not name alternate agents or name just one alternate agent, you may wish to cross out the unused lines.]*

Should my agent named above not be immediately available or be unwilling or unable to make decisions for me, then I name, in the following order of priority, the following persons as my alternate agents:

First Alternate Agent:

Name: RON CLERMONT

Address: 280 Sycamore DR
CANTON, OH 45230

Telephone: 513 233-2150

Second Alternate Agent:

Name: TED CLERMONT

Address: 300 Meadowview
CANTON, OH

Telephone: 513 221-9527

Any person can rely on a statement by any alternate agent named above that he or she is properly acting under this document and such person does not have to make any further investigation or inquiry.

Guidance to Agent. My agent will make health care decisions for me based on the instructions that I give in this document and on my wishes otherwise known to my agent. If my agent believes that my wishes as made known to my agent conflict with what is in this document, this document will control. If my wishes are unclear or unknown, my agent will make health care decisions in my best interests. My agent will determine my best interests after considering the benefits, the burdens, and the risks that might result from a given decision. If no agent is available, this document will guide decisions about my health care.

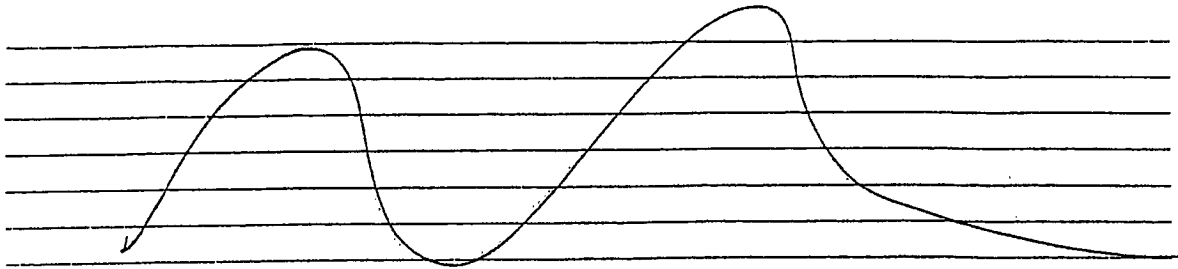
Authority of Agent. My agent has full and complete authority to make all health care decisions for me whenever I cannot make such decisions, unless I have otherwise indicated below. This authority includes, but is not limited to, the following: [Note: Cross out any authority that you do not want your agent to have.]

1. To consent to the administration of pain-relieving drugs or treatment or procedures (including surgery) that my agent, upon medical advice, believes may provide comfort to me, even though such drugs, treatment or procedures may hasten my death. My comfort and freedom from pain are important to me and should be protected by my agent and physician.
2. If I am in a terminal condition, to give, to withdraw or to refuse to give informed consent to life-sustaining treatment, including artificially or technologically supplied nutrition or hydration.
3. To give, withdraw or refuse to give informed consent to any health care procedure, treatment, intervention or other measure.
4. To request, review, and receive any information, verbal or written, regarding my physical or mental health, including, but not limited to, all my medical and health care records.
5. To consent to further disclosure of information, and to disclose medical and related information concerning my condition and treatment to other persons.

6. To execute for me any releases or other documents that may be required in order to obtain medical and related information.
7. To execute consents, waivers, and releases of liability for me and for my estate to all persons who comply with my agent's instructions and decisions. To indemnify and hold harmless, at my expense, any third party who acts under this Health Care Power of Attorney. I will be bound by such indemnity entered into by my agent.
8. To select, employ, and discharge health care personnel and services providing home health care and the like.
9. To select, contract for my admission to, transfer me to, or authorize my discharge from any medical or health care facility, including, but not limited to, hospitals, nursing homes, assisted living facilities, hospices, adult homes and the like.
10. To transport me or arrange for my transportation to a place where this Health Care Power of Attorney is honored, should I become unable to make health care decisions for myself in a place where this document is not enforced.
11. To complete and sign for me the following:
 - (a) Consents to health care treatment, or the issuance of Do Not Resuscitate (DNR) Orders or other similar orders; and
 - (b) Requests for my transfer to another facility, to be discharged against health care advice, or other similar requests; and
 - (c) Any other document desirable to implement health care decisions that my agent is authorized to make pursuant to this document.

Special Instructions. By placing my initials at number 3 below, I want to specifically authorize my agent to refuse, or if treatment has commenced, to withdraw consent to, the provision of artificially or technologically supplied nutrition or hydration if:

1. I am in a permanently unconscious state; and
2. My physician and at least one other physician who has examined me have determined, to a reasonable degree of medical certainty, that artificially or technologically



No Expiration Date. This Health Care Power of Attorney will have no expiration date and will not be affected by my disability or by the passage of time.

Guardian. I intend that the authority given to my agent will eliminate the need for any court to appoint a guardian of my person. However, should such proceedings start, I nominate my agent to serve as the guardian of my person, without bond.

Enforcement by Agent. My agent may take for me, at my expense, any action my agent considers advisable to enforce my wishes under this document.

Release of Agent's Personal Liability. My agent will not incur any personal liability to me or my estate for making reasonable choices in good faith concerning my health care.

Copies the Same as Original. Any person may rely on a copy of this document.

Out of State Application. I intend that this document be honored in any jurisdiction to the extent allowed by law.

Living Will. I have completed a Living Will: Yes No

SIGNATURE

[See next page for witness or notary requirements.]

I understand the purpose and effect of this document and sign my name to this Health Care Power of Attorney on Jan, 2004, at Cincinnati, Ohio.

Jess Clermont
PRINCIPAL

[You are responsible for telling members of your family and your physician about this document and the name of your agent. You also may wish, but are not required to tell your religious advisor and your lawyer that you have signed a Health Care Power of Attorney. You may wish to give a copy to each person notified.]

[You may choose to file a copy of this Health Care Power of Attorney with your County Recorder for safekeeping.]

WITNESSES OR NOTARY ACKNOWLEDGMENT

[Choose one.]

[This Health Care Power of Attorney will not be valid unless it either is signed by two eligible witnesses who are present when you sign or are present when you acknowledge your signature, or it is acknowledged before a Notary Public.]

[The following persons cannot serve as a witness to this Health Care Power of Attorney: the agent; any successor agent named in this document; your spouse; your children; anyone else related to you by blood, marriage or adoption; your attending physician; or, if you are in a nursing home, the administrator of the nursing home.]

Witnesses. I attest that the Principal signed or acknowledged this Health Care Power of Attorney in my presence, that the Principal appears to be of sound mind and not under or subject to duress, fraud or undue influence. I further attest that I am not an agent designated in this document, I am not the attending physician of the Principal, I am not the administrator of a nursing home in which the Principal is receiving care, and I am an adult not related to the Principal by blood, marriage or adoption.

Bob Halbright residing at 180 S. State
Signature
Bob Halbright CCNT 1, 017
Print Name

Dated: 1/7/04, 2004

Edith Feldcamp residing at 258 Hickory rd
Signature
Edith Feldcamp CCNT, 017
Print Name

Dated: Jan 7th, 2004

OR

Notary Acknowledgment.

State of Ohio

County of _____ ss.

On _____, 2004, before me, the undersigned Notary Public, personally appeared _____ known to me or satisfactorily proven to be the person whose name is subscribed to the above Health Care Power of Attorney as the Principal, and who has acknowledged that he/she executed the same for the purposes expressed therein. I attest that the Principal appears to be of sound mind and not under or subject to duress, fraud or undue influence.

Notary Public

My Commission Expires: _____

[This notice is included in this printed form as required by Ohio Revised Code § 1337.17.]

NOTICE TO ADULT EXECUTING THIS DOCUMENT

This is an important legal document. Before executing this document, you should know these facts:

This document gives the person you designate (the attorney in fact) the power to make MOST health care decisions for you if you lose the capacity to make informed health care decisions for yourself. This power is effective only when your attending physician determines that you have lost the capacity to make informed health care decisions for yourself and, notwithstanding this document, as long as you have the capacity to make informed health care decisions for yourself, you retain the right to make all medical and other health care decisions for yourself.

You may include specific limitations in this document on the authority of the attorney in fact to make health care decisions for you.

Subject to any specific limitations you include in this document, if your attending physician determines that you have lost the capacity to make an informed decision on a health care matter, the attorney in fact GENERALLY will be authorized by this document to make health care decisions for you to the same extent as you could make those decisions yourself, if you had the capacity to do so. The authority of the attorney in fact to make health care decisions for you GENERALLY will include the authority to give informed consent, to refuse to give informed consent, or to withdraw informed consent to any care, treatment, service, or procedure to maintain, diagnose, or treat a physical or mental condition.

HOWEVER, even if the attorney in fact has general authority to make health care decisions for you under this document, the attorney in fact NEVER will be authorized to do any of the following:

(1) Refuse or withdraw informed consent to life-sustaining treatment (unless your attending physician and one other physician who examines you determine, to a reasonable degree of medical certainty and in accordance with reasonable medical standards, that either of the following applies:

(a) You are suffering from an irreversible, incurable and untreatable condition caused by disease, illness, or injury from which (i) there can be no recovery and (ii) your death is likely to occur within a relatively short time if lifesustaining treatment is not administered, and your attending physician additionally determines, to a reasonable degree of medical certainty and in accordance with reasonable medical standards, that there is no reasonable possibility that you will regain the capacity to make informed health care decisions for yourself.

(b) You are in a state of permanent unconsciousness that is characterized by you being irreversibly unaware of yourself and your environment and by a total loss of cerebral cortical functioning, resulting in you having no capacity to experience pain or suffering, and your attending physician additionally determines, to a reasonable

degree of medical certainty and in accordance with reasonable medical standards, that there is no reasonable possibility that you will regain the capacity to make informed health care decisions for yourself):

(2) Refuse or withdraw informed consent to health care necessary to provide you with comfort care (except that, if the attorney in fact is not prohibited from doing so under (4) below, the attorney in fact could refuse or withdraw informed consent to the provision of nutrition or hydration to you as described under (4) below).

(You should understand that comfort care is defined in Ohio law to mean artificially or technologically administered sustenance (nutrition) or fluids (hydration) when administered to diminish your pain or discomfort, not to postpone your death, and any other medical or nursing procedure, treatment, intervention, or other measure that would be taken to diminish your pain or discomfort, not to postpone your death. Consequently, if your attending physician were to determine that a previously described medical or nursing procedure, treatment, intervention, or other measure will not or no longer will serve to provide comfort to you or alleviate your pain, then, subject to (4) below, your attorney in fact would be authorized to refuse or withdraw informed consent to the procedure, treatment, intervention, or other measure.);

(3) Refuse or withdraw informed consent to health care for you if you are pregnant and if the refusal or withdrawal would terminate the pregnancy (unless the pregnancy or health care would pose a substantial risk to your life, or unless your attending physician and at least one other physician who examines you determine, to a reasonable degree of medical certainty and in accordance with reasonable medical standards, that the fetus would not be born alive):

(4) Refuse or withdraw informed consent to the provision of artificially or technologically administered sustenance (nutrition) or fluids (hydration) to you, unless:

(a) You are in a terminal condition or in a permanently unconscious state.

(b) Your attending physician and at least one other physician who has examined you determine, to a reasonable degree of medical certainty and in accordance with reasonable medical standards, that nutrition or hydration will not or no longer will serve to provide comfort to you or alleviate your pain.

(c) If, but only if, you are in a permanently unconscious state, you authorize the attorney in fact to refuse or withdraw informed consent to the provision of nutrition or hydration to you by doing both of the following in this document:

(i) Including a statement in capital letters or other conspicuous type, including, but not limited to, a different font, bigger type, or boldface type, that the attorney in fact may refuse or withdraw informed consent to the provision of nutrition or hydration to you if you are in a permanently unconscious state and if the determination that nutrition or hydration will not or no longer will serve to provide comfort to you or alleviate your pain is made, or checking or otherwise marking a box or line (if any) that is adjacent to a similar statement on this document;

(ii) Placing your initials or signature underneath or adjacent to the statement, check, or other mark previously described.

(d) Your attending physician determines, in good faith, that you authorized the attorney in fact to refuse or withdraw informed consent to the provision of nutrition or hydration to you if you are in a permanently unconscious state by complying with the above requirements of (4)(c)(i) and (ii) above.

(5) Withdraw informed consent to any health care to which you previously consented, unless a change in your physical condition has significantly decreased the benefit of that health care to you, or unless the health care is not, or is no longer, significantly effective in achieving the purposes for which you consented to its use.

Additionally, when exercising authority to make health care decisions for you, the attorney in fact will have to act consistently with your desires or, if your desires are unknown, to act in your best interest. You may express your desires to the attorney in fact by including them in this document or by making them known to the attorney in fact in another manner.

When acting pursuant to this document, the attorney in fact GENERALLY will have the same rights that you have to receive information about proposed health care, to review health care records, and to consent to the disclosure of health care records. You can limit that right in this document if you so choose.

Generally, you may designate any competent adult as the attorney in fact under this document. However, you CANNOT designate your attending physician or the administrator of any nursing home in which you are receiving care as the attorney in fact under this document. Additionally, you CANNOT designate an employee or agent of your attending physician, or an employee or agent of a health care facility at which you are being treated, as the attorney in fact under this document, unless either type of employee or agent is a competent adult and related to you by blood, marriage, or adoption, or unless either type of employee or agent is a competent adult and you and the employee or agent are members of the same religious order.

This document has no expiration date under Ohio law, but you may choose to specify a date upon which your durable power of attorney for health care will expire. However, if you specify an

expiration date and then lack the capacity to make informed health care decisions for yourself on that date, the document and the power it grants to your attorney in fact will continue in effect until you regain the capacity to make informed health care decisions for yourself.

You have the right to revoke the designation of the attorney in fact and the right to revoke this entire document at any time and in any manner. Any such revocation generally will be effective when you express your intention to make the revocation. However, if you made your attending physician aware of this document, any such revocation will be effective only when you communicate it to your attending physician, or when a witness to the revocation or other health care personnel to whom the revocation is communicated by such a witness communicates it to your attending physician.

If you execute this document and create a valid durable power of attorney for health care with it, it will revoke any prior, valid durable power of attorney for health care that you created, unless you indicate otherwise in this document.

This document is not valid as a durable power of attorney for health care unless it is acknowledged before a notary public or is signed by at least two adult witnesses who are present when you sign or acknowledge your signature. No person who is related to you by blood, marriage, or adoption may be a witness. The attorney in fact, your attending physician, and the administrator of any nursing home in which you are receiving care also are ineligible to be witnesses.

If there is anything in this document that you do not understand, you should ask your lawyer to explain it to you.

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THE PATIENT KEEPS THE ORIGINAL MOLST FORM DURING TRAVEL TO DIFFERENT CARE SETTINGS. THE PHYSICIAN KEEPS A COPY.

Tess Clermont
 LAST NAME/FIRST NAME/MIDDLE INITIAL OF PATIENT

ADDRESS _____

CITY/STATE/ZIP _____

DATE OF BIRTH (MM/DD/YYYY) _____ Male Female _____

eMOLST NUMBER (THIS IS NOT AN eMOLST FORM) _____

Do-Not-Resuscitate (DNR) and Other Life-Sustaining Treatment (LST)

This is a medical order form that tells others the patient's wishes for life-sustaining treatment. A health care professional must complete or change the MOLST form, based on the patient's current medical condition, values, wishes and MOLST Instructions. If the patient is unable to make medical decisions, the orders should reflect patient wishes, as best understood by the health care agent or surrogate. A physician must sign the MOLST form. All health care professionals must follow these medical orders as the patient moves from one location to another, unless a physician examines the patient, reviews the orders and changes them.

MOLST is generally for patients with serious health conditions. The patient or other decision-maker should work with the physician and consider asking the physician to fill out a MOLST form if the patient:

- Wants to avoid or receive any or all life-sustaining treatment.
- Resides in a long-term care facility or requires long-term care services.
- Might die within the next year.

If the patient has a developmental disability and does not have ability to decide, the doctor must follow special procedures and attach the appropriate legal requirements checklist.

SECTION A Resuscitation Instructions When the Patient Has No Pulse and/or Is Not Breathing

Check one:

- CPR Order: Attempt Cardio-Pulmonary Resuscitation**
 CPR involves artificial breathing and forceful pressure on the chest to try to restart the heart. It usually involves electric shock (defibrillation) and a plastic tube down the throat into the windpipe to assist breathing (intubation). It means that all medical treatments will be done to prolong life when the heart stops or breathing stops, including being placed on a breathing machine and being transferred to the hospital.
- DNR Order: Do Not Attempt Resuscitation (Allow Natural Death)**
 This means do not begin CPR, as defined above, to make the heart or breathing start again if either stops.

SECTION B Consent or Resuscitation Instructions (Section A)

The patient can make a decision about resuscitation if he or she has the ability to decide about resuscitation. If the patient does NOT have the ability to decide about resuscitation and has a health care proxy, the health care agent makes this decision. If there is no health care proxy, another person will decide, chosen from a list based on NYS law.

Tess Clermont Check if verbal consent (Leave signature line blank) 8/1/09 10:00am
 SIGNATURE DATE/TIME

Tess Clermont
 PRINT NAME OF DECISION-MAKER

Susan Burpee Nancy Murrey
 PRINT FIRST WITNESS NAME PRINT SECOND WITNESS NAME

Who made the decision? Patient Health Care Agent Public Health Law Surrogate Minor's Parent/Guardian §1750-b Surrogate

SECTION C Physician Signature for Sections A and B

Charles Javros Charles Javros 8/1/09 10 PM
 PHYSICIAN SIGNATURE PRINT PHYSICIAN NAME DATE/TIME

OH 3807 8824 (513) 489-5441
 PHYSICIAN LICENSE NUMBER PHYSICIAN PHONE/PAGER NUMBER

SECTION D Advance Directives

- Check all advance directives known to have been completed:
- Health Care Proxy Living Will Organ Donation Documentation of Oral Advance Directive

T Clermont

LAST NAME/FIRST NAME/MIDDLE INITIAL OF PATIENT

DATE OF BIRTH (MM/DD/YYYY)

SECTION E

Orders for Other Life-Sustaining Treatment and Future Hospitalization When the Patient has a Pulse and the Patient is Breathing

Life-sustaining treatment may be ordered for a trial period to determine if there is benefit to the patient. If a life-sustaining treatment is started, but turns out not to be helpful, the treatment can be stopped.

Treatment Guidelines No matter what else is chosen, the patient will be treated with dignity and respect, and health care providers will offer comfort measures. *Check one:*

- Comfort measures only** Comfort measures are medical care and treatment provided with the primary goal of relieving pain and other symptoms and reducing suffering. Reasonable measures will be made to offer food and fluids by mouth. Medication, turning in bed, wound care and other measures will be used to relieve pain and suffering. Oxygen, suctioning and manual treatment of airway obstruction will be used as needed for comfort.
- Limited medical interventions** The patient will receive medication by mouth or through a vein, heart monitoring and all other necessary treatment, based on MOLST orders.
- No limitations on medical interventions** The patient will receive all needed treatments.

Instructions for Intubation and Mechanical Ventilation *Check one:*

- Do not intubate (DNI)** Do not place a tube down the patient's throat or connect to a breathing machine that pumps air into and out of lungs. Treatments are available for symptoms of shortness of breath, such as oxygen and morphine. (This box should **not** be checked if full CPR is checked in Section A.)
- A trial period** *Check one or both:*
 - Intubation and mechanical ventilation**
 - Noninvasive ventilation (e.g. BIPAP), if the health care professional agrees that it is appropriate**
- Intubation and long-term mechanical ventilation, if needed** Place a tube down the patient's throat and connect to a breathing machine as long as it is medically needed.

Future Hospitalization/Transfer *Check one:*

- Do not send to the hospital unless pain or severe symptoms cannot be otherwise controlled.**
- Send to the hospital, if necessary, based on MOLST orders.**

Artificially Administered Fluids and Nutrition When a patient can no longer eat or drink, liquid food or fluids can be given by a tube inserted in the stomach or fluids can be given by a small plastic tube (catheter) inserted directly into the vein. If a patient chooses not to have either a feeding tube or IV fluids, food and fluids are offered as tolerated using careful hand feeding. *Check one each for feeding tube and IV fluids:*

- No feeding tube**
- A trial period of feeding tube**
- Long-term feeding tube, if needed**
- No IV fluids**
- A trial period of IV fluids**

Antibiotics *Check one:*

- Do not use antibiotics.** Use other comfort measures to relieve symptoms.
- Determine use or limitation of antibiotics when infection occurs.**
- Use antibiotics** to treat infections, if medically indicated.

Other Instructions about starting or stopping treatments discussed with the doctor or about other treatments not listed above (dialysis, transfusions, etc.).

Consent for Life-Sustaining Treatment Orders (Section E) (Same as Section B, which is the consent for Section A)

SIGNATURE Check if verbal consent (Leave signature line blank) _____ DATE/TIME

PRINT NAME OF DECISION-MAKER

PRINT FIRST WITNESS NAME

PRINT SECOND WITNESS NAME

Who made the decision? Patient Health Care Agent Based on clear and convincing evidence of patient's wishes
 Public Health Law Surrogate Minor's Parent/Guardian §1750-b Surrogate

Physician Signature for Section E

PHYSICIAN SIGNATURE PRINT PHYSICIAN NAME DATE/TIME

T. Clumont
 LAST NAME/FIRST NAME/MIDDLE INITIAL OF PATIENT

DATE OF BIRTH (MM/DD/YYYY)

SECTION F Review and Renewal of MOLST Orders on This MOLST Form

The physician must review the form from time to time as the law requires, and also:

- If the patient moves from one location to another to receive care; or
- If the patient has a major change in health status (for better or worse); or
- If the patient or other decision-maker changes his or her mind about treatment.

| Date/Time | Reviewer's Name and Signature | Location of Review (e.g., Hospital, NH, Physician's Office) | Outcome of Review |
|-----------|-------------------------------|---|---|
| 8/14/09 | <i>B. B. B.</i> | <i>office</i> | <input checked="" type="checkbox"/> No change <input type="checkbox"/> Form voided, new form completed <input type="checkbox"/> Form voided, <i>no</i> new form |
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