Appendix A: Course Materials

Books:

Journal Articles:

Films/Video:

Handouts (Created by behavioral science faculty, adapted from readings):
1. Handout 1: Five Family-Oriented Questions
2. Handout 2: Basics of family function/dysfunction
3. Handout 2: Bowen basics on grief and loss
4. Handout 4: Building genogram basics
5. Handout 5: Fusion vs differentiation (adapted from *If the Buddha Dated*)
6. Handout 6: Bowen basics of triangles and family projection process
7. Handout 6: Basic questions to assess family functioning