

Integrating and Expanding Behavioral Science in the New Medical Home

***The 29th Forum for
Behavioral Science in
Family Medicine***

September 25 – 28, 2008
Chicago Marriott Downtown Magnificent Mile
Chicago, Illinois

Sponsors

The Medical College of Wisconsin, Department of Family and Community Medicine and The Society of Teachers of Family Medicine

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Web Site:

Please see either web site at www.mcw.edu/BehavioralScienceForum or www.stfm.org/forum for:

- Online registration
- Plenary bios
- Detailed abstracts of each session's content

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Medical College of Wisconsin and The Society of Teachers of Family Medicine. The Medical College of Wisconsin (MCW) is accredited by the ACCME to provide continuing medical education for physicians.

The Medical College of Wisconsin designates this educational activity for a maximum of **23.25 AMA PRA Category I Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Medical College of Wisconsin designates this activity for up to **23.25** contact hours of continuing education for allied health professionals.

The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content.

The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Hotel Information:

Chicago Marriott Downtown Magnificent Mile
540 N. Michigan Avenue
(Driveway Entrance on 541 North Rush Street)
Chicago, IL 60611
Phone: 312-836-0100

A block of rooms will be reserved for registrants until **August 25, 2008** at a special rate of \$189 plus tax, per night. Note: If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date. Therefore, please make your reservations **as soon as possible**. Please call the Chicago Marriott at 312-836-0100 for reservations. Please mention the 29th Forum for Behavioral Science when you call to receive this discount.



Wayne B. Jonas, MD is the president and chief executive officer of the Samueli Institute. A family physician and scientist, he formerly served as the Director of the Office of Alternative Medicine at the National Institutes of Health, the Director of the Medical Research Fellowship at the Walter Reed Army Institute of Research, a Director of a WHO Collaborating Center for Traditional Medicine, and a member of the White House Commission on Complementary and Alternative Medicine Policy. He sits on numerous national and international advisory boards and scientific review groups. He is the author of over 150 publications and five books. He received his medical degree at Wake Forest University School of Medicine, Winston-Salem, North Carolina.



Alexander Blount, EdD is Clinical Professor of Family Medicine and Psychiatry at the University of Massachusetts Medical School in Worcester, MA, and Director of Behavioral Science in the Department of Family Medicine and Community Health. He teaches physicians the psychosocial skills of primary care practice and directs the post-doctoral Fellowship in Primary Care Psychology. He directs the Certificate Program in Primary Care Behavioral Health of the Department of Family Medicine and Community Health. He was previously Director of the Family Center of the Berkshires in Pittsfield, MA and a faculty member at the Ackerman Institute for the Family in New York. He has over thirty years experience as a therapist, teacher of physicians and therapists, administrator in mental health and medical settings. He is author of two books, *Integrated Primary Care: The Future of Medical and Mental Health Collaboration* and *Knowledge Acquisition*. He is currently Chair of the Collaborative Family Healthcare Association. Dr. Blount has lectured around the U.S., Canada and Europe on family therapy, systemic approaches to management, solution focused therapy and Integrated Primary Care.



Barry Jacobs, PsyD, is the Director of Behavioral Sciences for the Crozer-Keystone Family Medicine Residency Program in Springfield, PA and the author of *The Emotional Survival Guide for Caregivers—Looking After Yourself and Your Family While Helping an Aging Parent*. A former journalist, he writes an advice column for Take Care!, the National Family Caregivers Association newsletter, co-writes an elder care column for HealthCentral.com, and edits the “In Sickness & Health” column of the APA journal Families, Systems & Health. In the past two years, he has given over 150 presentations to groups of family physicians, mental health/social service providers, and family caregivers in 14 U.S. states.

Of special interest to Forum attendees: A Concurrent STFM Workshop: **Facing Down our Demons: A one-day writing workshop for family medicine faculty**, Saturday, September 27. Lucy M. Candib, MD, John J. Frey, MD, and Valerie Gilchrist, MD. For further details, visit www.stfm.org/forum.

Thursday, September 25, 2008

3:00 – 7:00	Registration	
4:00 – 5:30	Seminar 101	Incorporating Behavioral Medicine Strategies into Routine Office Visits <i>Mary Talen, PhD, Nina Vergari, MD, Rebecca Rodriguez, PsyD</i>
	Seminar 102	Experiential Learning of Mind-Body Skills: At the Medical Home or Out of Town? <i>Victor Sierpina, MD, Ruth Levine, MD, Michael Olson, PhD, Cathy Snapp, PhD</i>
	Seminar 103	Resident Support Groups: Using Positive Psychology in a Residency-Based Family Practice <i>Rebekah Pershing, MA, Theresa Lengerich, PsyD, Lorraine Stephens, MD</i>
	Seminar 104	Mirror, Mirror on the Wall: Facilitating Painful Self-Reflection <i>Elie Mulhem, MD, Anne Van Dyke, PhD, Paul Misch, MD, Jodie Eckleberry-Hunt, PhD</i>
	Workshop 105	The Balint Group Experience: An Introduction and Demonstration <i>Albert Lichtenstein, PhD, LMFT, Laurel Milberg, PhD, Jeffrey Sternlieb, PhD, Donald Nease, MD</i>
5:45 – 7:00	Gathering In	Whether this is your first Forum or one of several you have attended, the “gathering in” time is designed to help participants get acquainted and oriented to the meeting. <i>Facilitated by Mike Floyd, EdD, Deb Seymour, PsyD</i>

Friday, September 26, 2008

7:15 – 5:00	Registration	
7:45 – 9:15	Welcome & Plenary	<i>Breakfast provided</i> Optimal Healing Environments: Putting it All Together Wayne B. Jonas, MD
9:30 – 10:30	Lecture Discussion 106	“Meetings with Mary”: Teleconsultations Bringing Specialized Psychiatric Care of Children Into the Personal Medical Home <i>Shirley Longlett, MS, Mary Dobbins, MD, Rhonda Kewney, LCSW, Linda Werner, RN, MS, LCSW</i>
	Lecture Discussion 107	Diabetes Group Visits: Relationships and Education and Self-Management... Oh My!! <i>Sameer Ohri, MD, Tracy Juliao, PhD</i>
	Lecture Discussion 108	Building a Health Psychology Program Within a Rural Family Practice Clinic: Inception, Implementation & Beyond <i>Mary de Groot, PhD, Joseph Bianco, PhD, Lenard Presutti, DO</i>
	Lecture Discussion 109	Medical Ethics and the Challenge of Bio-tech <i>Robert Zylstra, EdD, LCSW</i>
	Lecture Discussion 110	Investigating Termination and Transfer of Care Issues in Primary Care Residency <i>Deborah Bonitz, PhD</i>
10:45 – 11:45	Lecture Discussion 111	CCFMR: Developing an Online Curriculum for Family Medicine Residencies <i>James Olson, MD, Amy Romain, LMSW, ACSW, Amy Odom, MD</i>
	Lecture Discussion 112	Infusing Behavioral Science into Family Medicine: Using Behavioral Health Consultants to Enhance the Medical Home <i>Jeffrey Goodie, PhD, Tracy Neal-Walden, PhD</i>
	Lecture Discussion 113	Creating a Division of Behavioral Science within the DFM: One Program’s Journey <i>Anne Van Dyke, PhD, Jodie Eckleberry-Hunt, PhD, Paul Misch, MD</i>
	Lecture Discussion 114	The Hidden Curriculum in IMG Education: An Anthropological Approach <i>Edward Rohn, MA, James Meza, MD</i>
	Lecture Discussion 115	The Role of Emotional Intelligence in the New Medical Home <i>Anita Webb, PhD, Joane Baumer, MD, Richard Young, MD</i>

11:45 – 1:15	Lunch on your own	
1:15 – 2:45	Seminar 116	Reflections on Caring for Patients with Cancer and Other Serious Illnesses <i>Alan Wolkenstein, MSW, Brian Wallace, MD</i>
	Seminar 117	Drama of the Medical Home: Where Patients Are People and Care is Above All <i>Andrew Stewart, PhD</i>
	Seminar 118	When Prescribing Psychologists Join the Faculty: The Impact on Resident Education and Training <i>Marlin Hoover, PhD, MS, Bert Garrett, MD, Kathleen Hales, MD, Robert Mayfield, PhD, Lisa Stolarczyk, MD</i>
	Seminar 119	Teaching Brief Therapy Skills to Family Medicine Residents <i>Michael Bloom, PhD</i>
	Workshop 120	Balint Groups: A Continuity Experience <i>Session 1</i> <i>Albert Lichtenstein, PhD, LMFT, Laurel Milberg, PhD, Jeffrey Sternlieb, PhD, Donald Nease, MD</i>
2:45 – 3:00	Refreshment Break	
3:00 – 5:00	Workshop 121	“It’s About Living” A Documentary Film about Chronic Illness <i>Robert Sholtes, MD</i>
	Workshop 122	Enhancing the Therapeutic Capacity of Family Medicine Residents <i>Michael Ostapchuk, MD, Brent Wright, MD, Michael Hollifield, MD, Anne Mason, LMFT</i>
	Focused Seminar 123	<ul style="list-style-type: none"> • Mindful Practice: Exploring Residents’ Heart Rate Variability and the Doctor-Patient Relationship <i>Michael Olson, PhD, Victor Sierpina, MD, Paul Springer, PhD</i> • Psychophysiology: Bringing Mind-Body Science into Family Practice <i>Anu Kotay, PhD</i>
	Seminar 124	Mood Disorders Clinic: Teaching Residents to Think Beyond Unipolar Depression <i>Michelle Kane, PsyD, Sloan Manning, MD</i>
	Seminar 125	Bringing the Medical Home to the Patient’s Home Through Storyboard <i>Michelle Sierpina, PhD</i> <i>(Participants are encouraged to bring copies of personal photographs from childhood and young adulthood for use in creating a personal storyboard)</i>
5:30 – 6:30	Interactive Poster Session	Interact with authors of nine selected posters during this reception. Visit either web site for full listing.

Saturday, September 27, 2008

7:15 – 8:20	Breakfast Discussion Groups <i>(Breakfast provided)</i>	
8:30 – 10:00	Seminar 126	Behavioral Medicine in Primary Care: Putting the “Psychosocial” in the “Biomedical” Home <i>Tonya Warren, PsyD, Mary Lynn Johnson, LCSW, MPH, Melissa Hicks, MD</i>
	Seminar 127	The Doctor, The Patient, and The Computer <i>Joseph Kertesz, MA</i>
	Workshop 128	Balint Groups: A Continuity Experience <i>Session 2</i> <i>Albert Lichtenstein, PhD, LMFT, Laurel Milberg, PhD, Jeffrey Sternlieb, PhD, Donald Nease, MD</i>
	Clinical Lecture 129	Medical Home for Patients with Diabetes: Focus on Depression <i>Maria Gibson, MD, PhD, John Freedy, MD, PhD, Joseph Myers, Cheri Schauman, RN</i>
	Clinical Lecture 130	Can You Teach an Old Dog New Tricks? Educating Physicians regarding Chronic Pain Management <i>Tracy Juliao, PhD, Jill Schneiderhan, MD</i>
10:00 – 10:15	Refreshment Break	
10:15 – 12:15	Workshop 131	Depression Screening and Management using the Electronic Health Record in the Medical Home <i>Elizabeth Klein, MD, Jennifer Herber, MD</i>

	Workshop 132	Teaching Physicians How to Cope with Emotional Reactions to a Series of Patient Encounters <i>Jeffrey Sternlieb, PhD, Kristin Bresnan, MD, Shayla Graham-Brock, MD</i>
	Workshop 133	Giving Bad News – Mastering Interpersonal and Communication Skills <i>Mindy Stern, MSW, Erick Brodt, MD</i>
10:15 – 11:10	Clinical Lecture 134	Child and Adolescent Obesity: Interventions in a Family Medicine Clinic <i>Scott Fields, PhD</i>
	Clinical Lecture 135	Atypical Antipsychotics: What's So Atypical? <i>Randy Ward, MD</i>
11:15 – 12:15	Clinical Lecture 136	Childhood Depression: What to Do Before the Psychiatrist Arrives <i>Karen Blackman, MD</i>
11:15 – 12:15	Clinical Lecture 137	The Third Reason for Psychiatric Hospitalization: Psychosis <i>Anne Dohrenwend, PhD, Heather Kirkpatrick, PhD</i>
12:15 – 2:00	Lunch & Plenary	Integrated Primary Care: From Interesting Add-on to Medical Home Core Service Alexander Blount, EdD
2:15 – 4:15	Workshop 138	Bringing the Whole Person to the Medical Home: Writing for Personal and Professional Growth <i>Richard Holloway, PhD, Nancy Havas, MD</i>
	Workshop 139	Integrating Behavioral Change into the Family Medicine Curriculum: Challenges and Strategies <i>Josephine Minardo, PsyD, Eric Churchill, MD</i>
	Seminar 140	Believe It When You See It – Decoding Nonverbal Communication in the Medical Setting: Counterterrorism, Poker and Family Medicine <i>Paul Remark, EdD</i>
2:15 – 3:10	Clinical Lecture 141	SBIRT 101: Screening, Brief Intervention and Referral to Treatment <i>Shari Holland, MA, LPC, Felicia Beseka, MD</i>
	Clinical Lecture 142	Female Patients With a History of Childhood Sexual Abuse: Medical Challenges and Management Strategies <i>Richard DeVaul, MD</i>
3:15 – 4:15	Clinical Lecture 143	Why Is It So Difficult to Stop Taking the Benzodiazepines? Integrated Psychopharmacology & Benzodiazepine Discontinuation <i>William McCann, PsyD</i>
	Clinical Lecture 144	The Personality Disordered Patient in the Medical Home <i>Lynn Simons, PsyD</i>
4:30 – 5:30	A Forum at the Forum	Technology and the Physician Patient Relationship: The Problems and the Promises Lee Petersen, PhD Panelists: Joane Baumer, MD, Joseph Kertesz, MA, Robert Zylstra, EdD, LCSW

Sunday, September 28, 2008

7:30 – 9:30	Coffee & Muffin Service	
8:00 – 9:30	Seminar 145	Teaching Family Oriented Care: A Foundation for the Medical Home <i>Amy Odom, DO, Amy Romain, LMSW, ACSW</i>
	Seminar 146	Managing Medical Error in the Medical Home <i>Elizabeth Klein, MD, Jessica Burness, MD</i>
	Seminar 147	Resuscitating Low Residency Morale: Five Surefire Creative Interventions <i>Jeffrey Ring, PhD, Marina Compean, LCSW</i>
	Seminar 148	The Behavioral Scientist – an Integral Member of the “Medical Home” <i>James Hopkins, PhD, LCSW</i>
10:00 – 11:30	Closing Plenary	Rediscovering the Family in the New Medical Home – An Evidence-Based Approach Barry Jacobs, PsyD
11:30 – 12:00	Evaluation/Adjournment	

Registration Form

Name & Degree: _____

Program: _____

Address: _____

Office Phone: _____ Fax: _____

Email: _____

Special Needs: _____

Special Dietary Needs? Vegetarian Meal

Is this your first time attending? Yes No

Payment Method

Check Mastercard Visa American Express

Credit Card No.: _____

Payment Amount: _____ Exp Date: _____

Signature (required for charges): _____

Full Registration Fees

- \$375 – STFM member if postmarked by 8/25/08
- \$405 – STFM member after 8/25/08
- \$410 – Non-STFM member if postmarked by 8/25/08
- \$435 – Non-STFM member after 8/25/08
- \$175 – Resident
- \$175 – Full-time graduate student
- \$175 – Fellow

One Day Registration Fee

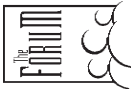
- \$225 – if postmarked by 8/25/08
 - \$240 – after 8/25/08
 - \$125 – Resident
 - \$125 – Full-time graduate student
 - \$125 – Fellow
- Please check which day you are registering for:
- Thursday Friday
 - Saturday Sunday
- I would like to attend the Balint Experience
(No additional fee, however, limited enrollment)

Please make checks payable to STFM and return this form to:
STFM
11400 Tomahawk Creek Parkway
Leawood, KS 66211

REGISTER ONLINE AT WWW.STFM.ORG
Registration information, please contact:
Priscilla Noland
STFM
Phone: 800-274-2237 x5410
Fax: 913-906-6096
pnoland@stfm.org

Full registration includes breakfasts, luncheon, breaks, and continuing education credits.
(If unable to attend, 50% of the fee will be refunded if written notification is postmarked by 9/01/08.)

Web sites with program and registration information:
www.mcw.edu/BehavioralScienceForum or www.stfm.org/forum



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