



# Quick Start Guide

## **STFM and You: A Guide for Making the Most of Your Membership**

- [Present](#) or Be [Published](#)
  - Conference on Medical Student Education
  - Annual Spring Conference
  - Conference on Practice Improvement
  - Submit work to be published in *Family Medicine*, the official journal of STFM
- Highlight your professional and personal accomplishments online in a member profile
- Contribute to an [STFM Initiative](#)
- Participate in a [Leadership Program](#)
- Locate and contact colleagues using the online membership directory
- Join an STFM special interest group – there are 50 to choose from
- Log-in to the [Member Portal](#) on the STFM Web site
  - Access the online membership directory
  - View your membership information
  - Use the [Advocacy Toolkit](#) for tips and tools for meeting your legislator
- Download presentations, lectures, modules, and video files from the [STFM Resource Library](#)
- Review the STFM publications archive
  - [Family Medicine journal archive](#)
  - [STFM Messenger archive](#)
  - [Downloadable podcast archive](#)

[Click here](#) for a complete list of how you can become involved in STFM. To find out more about how you can use your STFM membership, contact the STFM office at 800-274-7928 or e-mail us at [stfmooffice@stfm.org](mailto:stfmooffice@stfm.org).