
Action Plan for Establishing and Maintaining a Maternal Child Health (MCH) Practice

1. Identify a MCH mentor.
   a. WHO? (local or regional?)
      __________________________________________
   b. WHAT? (Identify personal and professional goals to discuss with your mentor.)
      __________________________________________
   c. WHEN? (Schedule a meeting. At the end of the meeting, schedule follow-up.)
      __________________________________________
   d. WHY? (Identify the mutual benefits of an MCH mentor-mentee relationship.)
      __________________________________________

2. Identify the local privileging requirements.
   a. Who controls privileging at your institution (What department? Contact person?)
      __________________________________________
   b. What are the numbers?
      i. Deliveries to obtain privileges: ____________
      c. Maintain privileges: ________________
   d. Required certifications? □ ALSO □ NRP □ ACLS □ __________
   e. Obtain policies for consultation/co-management/transfer of care.
   f. Requirements for proctored procedures or deliveries? YES / NO

3. Identify local opportunities for interdisciplinary collaboration.
   a. Administrative opportunities (institutional guidelines, event review/safety committee, privileging committee, etc.)
      __________________________________________
      __________________________________________
      __________________________________________
b. Multidisciplinary education (resident didactics, TEAMstepps, L&D drills/simulations, ALSO, etc)

________________________________________________________________

________________________________________________________________

c. Opportunities to provide L&D coverage (resident clinic, OB/CNM meetings, etc)

________________________________________________________________

________________________________________________________________

4. List strategies for maintaining experience and building a practice:
   a. Identify strategies to deliver your own patients. (free pregnancy tests, pregnancy posters in the office, preconception counselling, educate desk/phone staff, etc)

________________________________________________________________

________________________________________________________________

b. Identify referral relationships for prenatal/intrapartum care (primary care colleagues, Planned Parenthood, free clinics, etc)

________________________________________________________________

________________________________________________________________

c. Identify the local patient need or an underserved population (women’s shelters, substance abuse treatment programs, etc)

________________________________________________________________

________________________________________________________________

d. Identify resources for high volume clinical experience (provide L&D coverage, partner with regional residency, use your contacts, etc)

________________________________________________________________

________________________________________________________________

e. Identify resources for continuing medical education. (maternity care conferences, ALSO, online tools, etc)

________________________________________________________________

________________________________________________________________